

Poughkeepsie, NY - Sep 1972

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:28	3.0	7:55	3.6	1:58	0.5	1:57	0.5	6:21	7:29	
2	Sat	8:34	3.0	9:03	3.6	3:06	0.5	3:07	0.5	6:22	7:27	
3	Sun	9:44	3.1	10:11	3.6	4:07	0.4	4:11	0.4	6:23	7:25	
4	Mon	10:48	3.2	11:10	3.7	5:02	0.2	5:07	0.3	6:24	7:24	
5	Tue	11:42	3.4			5:52	0.1	6:00	0.3	6:26	7:22	
6	Wed	12:00	3.8	12:28	3.6	6:39	0.0	6:49	0.2	6:27	7:20	
7	Thu	12:43	3.8	1:11	3.7	7:23	0.0	7:36	0.2	6:28	7:19	
8	Fri	1:24	3.7	1:51	3.7	8:05	0.0	8:21	0.2	6:29	7:17	
9	Sat	2:04	3.6	2:31	3.7	8:43	0.1	9:02	0.2	6:30	7:15	
10	Sun	2:43	3.5	3:10	3.6	9:19	0.2	9:42	0.4	6:31	7:14	
11	Mon	3:24	3.3	3:51	3.5	9:52	0.4	10:21	0.5	6:32	7:12	
12	Tue	4:07	3.1	4:33	3.4	10:23	0.6	11:00	0.7	6:33	7:10	
13	Wed	4:54	2.9	5:18	3.3	10:53	0.8	11:46	0.9	6:34	7:08	
14	Thu	5:44	2.7	6:05	3.2	11:25	0.9			6:35	7:07	
15	Fri	6:36	2.6	6:53	3.1	12:45	1.0	12:13	1.1	6:36	7:05	
16	Sat	7:27	2.6	7:44	3.1	1:53	1.0	1:37	1.2	6:37	7:03	
17	Sun	8:24	2.6	8:40	3.2	2:55	1.0	2:51	1.1	6:38	7:01	
18	Mon	9:25	2.7	9:41	3.3	3:49	0.8	3:51	0.9	6:39	7:00	
19	Tue	10:22	2.9	10:36	3.5	4:37	0.6	4:43	0.7	6:40	6:58	
20	Wed	11:09	3.2	11:23	3.6	5:21	0.4	5:33	0.5	6:41	6:56	
21	Thu	11:50	3.5			6:04	0.2	6:21	0.2	6:42	6:54	
22	Fri	12:06	3.8	12:29	3.8	6:47	0.0	7:10	0.0	6:43	6:53	
23	Sat	12:48	3.9	1:09	4.0	7:30	-0.2	8:00	-0.1	6:44	6:51	
24	Sun	1:31	3.9	1:52	4.1	8:13	-0.2	8:49	-0.2	6:45	6:49	
25	Mon	2:18	3.8	2:38	4.2	8:57	-0.2	9:38	-0.1	6:46	6:47	
26	Tue	3:09	3.6	3:31	4.1	9:42	-0.1	10:29	0.0	6:47	6:46	
27	Wed	4:08	3.4	4:31	4.0	10:29	0.0	11:25	0.2	6:48	6:44	
28	Thu	5:13	3.3	5:36	3.8	11:24	0.3			6:49	6:42	
29	Fri	6:19	3.1	6:41	3.6	12:31	0.4	12:31	0.5	6:50	6:41	
30	Sat	7:23	3.1	7:45	3.5	1:42	0.5	1:46	0.6	6:51	6:39	