

Poughkeepsie, NY - Jan 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:21	2.7	5:33	2.6	11:58	0.6			7:22	4:35	
2	Wed	6:07	2.9	6:28	2.5	12:09	0.2	1:18	0.5	7:22	4:36	
3	Thu	7:01	3.0	7:32	2.5	1:15	0.2	2:26	0.4	7:22	4:37	
4	Fri	8:05	3.2	8:46	2.6	2:20	0.1	3:27	0.1	7:22	4:38	
5	Sat	9:13	3.4	9:53	2.8	3:21	-0.1	4:23	-0.2	7:22	4:39	
6	Sun	11:15	3.6	11:52	3.0	5:19	-0.3	6:17	-0.4	8:22	5:40	
7	Mon			12:10	3.8	6:15	-0.5	7:11	-0.6	8:22	5:41	
8	Tue	12:45	3.2	1:03	3.9	7:11	-0.6	8:02	-0.8	8:22	5:42	
9	Wed	1:38	3.3	1:55	3.9	8:06	-0.7	8:52	-0.9	8:22	5:43	
10	Thu	2:31	3.4	2:48	3.9	8:59	-0.7	9:39	-0.9	8:22	5:44	
11	Fri	3:27	3.4	3:42	3.7	9:50	-0.6	10:27	-0.8	8:21	5:45	
12	Sat	4:23	3.4	4:38	3.4	10:41	-0.5	11:15	-0.6	8:21	5:46	
13	Sun	5:19	3.3	5:34	3.2	11:36	-0.2			8:21	5:47	
14	Mon	6:14	3.2	6:29	2.9	12:07	-0.4	12:36	0.0	8:20	5:48	
15	Tue	7:06	3.1	7:22	2.7	1:04	-0.1	1:41	0.2	8:20	5:49	
16	Wed	7:58	3.0	8:18	2.5	2:02	0.1	2:45	0.3	8:19	5:51	
17	Thu	8:53	2.9	9:19	2.4	3:00	0.2	3:45	0.3	8:19	5:52	
18	Fri	9:52	2.9	10:20	2.4	3:54	0.2	4:39	0.2	8:18	5:53	
19	Sat	10:47	3.0	11:15	2.4	4:44	0.2	5:27	0.1	8:18	5:54	
20	Sun	11:36	3.1			5:31	0.2	6:13	0.0	8:17	5:55	
21	Mon	12:02	2.5	12:19	3.2	6:16	0.1	6:56	-0.1	8:17	5:57	
22	Tue	12:43	2.7	12:58	3.2	7:00	0.0	7:38	-0.2	8:16	5:58	
23	Wed	1:23	2.7	1:35	3.2	7:42	0.0	8:16	-0.3	8:15	5:59	
24	Thu	2:00	2.8	2:09	3.2	8:22	0.0	8:53	-0.3	8:15	6:00	
25	Fri	2:35	2.8	2:42	3.1	9:00	0.0	9:26	-0.3	8:14	6:01	
26	Sat	3:08	2.8	3:13	3.0	9:34	0.0	9:57	-0.2	8:13	6:03	
27	Sun	3:39	2.8	3:45	2.9	10:08	0.1	10:26	-0.2	8:12	6:04	
28	Mon	4:11	2.8	4:23	2.8	10:42	0.2	10:55	-0.1	8:11	6:05	
29	Tue	4:49	2.8	5:08	2.7	11:22	0.3	11:31	0.0	8:10	6:07	
30	Wed	5:35	2.9	6:01	2.6			12:20	0.4	8:09	6:08	
31	Thu	6:28	3.0	7:00	2.5	12:20	0.1	1:42	0.4	8:08	6:09	