

Poughkeepsie, NY - Jun 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:42	3.0	11:11	3.8	5:00	0.1	5:10	0.1	5:23	8:23	
2	Sun	11:35	3.1	11:57	3.8	5:51	0.1	5:57	0.1	5:23	8:24	
3	Mon			12:23	3.1	6:40	0.0	6:44	0.2	5:22	8:24	
4	Tue	12:40	3.8	1:08	3.1	7:27	0.0	7:29	0.2	5:22	8:25	
5	Wed	1:21	3.8	1:53	3.0	8:12	0.0	8:13	0.3	5:21	8:26	
6	Thu	2:02	3.7	2:37	3.0	8:54	0.0	8:55	0.4	5:21	8:26	
7	Fri	2:43	3.6	3:24	2.9	9:34	0.0	9:34	0.5	5:21	8:27	
8	Sat	3:26	3.4	4:11	2.9	10:12	0.1	10:12	0.6	5:21	8:28	
9	Sun	4:10	3.3	4:59	2.8	10:49	0.3	10:51	0.8	5:20	8:28	
10	Mon	4:55	3.1	5:45	2.8	11:27	0.4	11:33	0.9	5:20	8:29	
11	Tue	5:39	3.0	6:27	2.9			12:08	0.5	5:20	8:29	
12	Wed	6:21	2.9	7:05	2.9	12:28	1.0	12:53	0.5	5:20	8:30	
13	Thu	7:03	2.8	7:44	3.0	1:34	1.0	1:44	0.6	5:20	8:30	
14	Fri	7:50	2.8	8:27	3.2	2:38	0.9	2:36	0.5	5:20	8:31	
15	Sat	8:45	2.7	9:18	3.3	3:36	0.8	3:28	0.5	5:20	8:31	
16	Sun	9:49	2.8	10:13	3.5	4:30	0.5	4:20	0.3	5:20	8:32	
17	Mon	10:51	2.9	11:06	3.8	5:22	0.3	5:11	0.2	5:20	8:32	
18	Tue	11:45	3.0	11:56	4.0	6:14	0.1	6:03	0.1	5:20	8:32	
19	Wed			12:36	3.2	7:05	-0.1	6:58	0.0	5:20	8:33	
20	Thu	12:45	4.1	1:27	3.3	7:57	-0.3	7:53	-0.1	5:20	8:33	
21	Fri	1:36	4.2	2:21	3.4	8:47	-0.4	8:47	-0.2	5:21	8:33	
22	Sat	2:30	4.1	3:18	3.5	9:35	-0.5	9:39	-0.2	5:21	8:33	
23	Sun	3:27	4.0	4:18	3.5	10:24	-0.5	10:33	-0.1	5:21	8:34	
24	Mon	4:28	3.8	5:18	3.6	11:14	-0.4	11:30	0.1	5:21	8:34	
25	Tue	5:28	3.6	6:14	3.6			12:08	-0.2	5:22	8:34	
26	Wed	6:25	3.4	7:08	3.6	12:34	0.3	1:05	-0.1	5:22	8:34	
27	Thu	7:20	3.2	8:01	3.6	1:40	0.4	2:04	0.1	5:22	8:34	
28	Fri	8:16	3.1	8:56	3.6	2:44	0.4	3:00	0.2	5:23	8:34	
29	Sat	9:16	2.9	9:53	3.6	3:44	0.4	3:54	0.2	5:23	8:34	
30	Sun	10:18	2.9	10:47	3.6	4:39	0.3	4:45	0.3	5:24	8:34	