

Poughkeepsie, NY - Jul 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:14	2.9	11:35	3.7	5:30	0.3	5:33	0.3	5:24	8:34	
2	Tue			12:04	2.9	6:18	0.2	6:19	0.4	5:25	8:34	
3	Wed	12:19	3.7	12:48	3.0	7:04	0.1	7:05	0.4	5:25	8:33	
4	Thu	1:01	3.7	1:31	3.0	7:48	0.1	7:49	0.4	5:26	8:33	
5	Fri	1:40	3.6	2:13	3.0	8:30	0.1	8:31	0.4	5:27	8:33	
6	Sat	2:19	3.6	2:56	3.0	9:08	0.1	9:11	0.5	5:27	8:33	
7	Sun	2:58	3.4	3:38	3.0	9:44	0.1	9:48	0.6	5:28	8:32	
8	Mon	3:36	3.3	4:21	3.0	10:17	0.2	10:24	0.7	5:28	8:32	
9	Tue	4:15	3.2	5:01	3.0	10:50	0.3	11:01	0.8	5:29	8:32	
10	Wed	4:53	3.1	5:38	3.0	11:21	0.4	11:43	0.9	5:30	8:31	
11	Thu	5:34	2.9	6:14	3.1	11:56	0.5			5:31	8:31	
12	Fri	6:18	2.9	6:52	3.2	12:41	0.9	12:40	0.5	5:31	8:30	
13	Sat	7:06	2.8	7:37	3.3	1:53	0.9	1:37	0.5	5:32	8:30	
14	Sun	8:01	2.8	8:31	3.4	3:00	0.8	2:42	0.5	5:33	8:29	
15	Mon	9:09	2.8	9:35	3.6	4:00	0.6	3:45	0.4	5:34	8:29	
16	Tue	10:20	2.9	10:40	3.8	4:57	0.3	4:45	0.2	5:34	8:28	
17	Wed	11:22	3.1	11:38	4.0	5:51	0.1	5:43	0.1	5:35	8:27	
18	Thu			12:17	3.3	6:44	-0.1	6:40	-0.1	5:36	8:27	
19	Fri	12:32	4.2	1:10	3.5	7:36	-0.4	7:37	-0.2	5:37	8:26	
20	Sat	1:24	4.2	2:04	3.7	8:26	-0.5	8:32	-0.3	5:38	8:25	
21	Sun	2:17	4.2	2:59	3.8	9:14	-0.6	9:25	-0.3	5:39	8:24	
22	Mon	3:12	4.1	3:56	3.8	10:01	-0.6	10:17	-0.2	5:40	8:24	
23	Tue	4:09	3.9	4:53	3.8	10:49	-0.4	11:12	0.0	5:41	8:23	
24	Wed	5:07	3.6	5:49	3.8	11:40	-0.2			5:42	8:22	
25	Thu	6:03	3.4	6:42	3.7	12:11	0.2	12:34	0.0	5:42	8:21	
26	Fri	6:58	3.2	7:34	3.6	1:15	0.4	1:33	0.2	5:43	8:20	
27	Sat	7:53	3.0	8:28	3.5	2:19	0.5	2:31	0.4	5:44	8:19	
28	Sun	8:51	2.8	9:25	3.5	3:21	0.5	3:28	0.5	5:45	8:18	
29	Mon	9:54	2.8	10:22	3.5	4:16	0.5	4:20	0.6	5:46	8:17	
30	Tue	10:52	2.8	11:13	3.5	5:07	0.4	5:09	0.6	5:47	8:16	
31	Wed	11:42	2.9	11:58	3.6	5:54	0.4	5:56	0.5	5:48	8:15	