

Poughkeepsie, NY - Aug 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:26	3.0	6:38	0.3	6:41	0.5	5:49	8:14	
2	Fri	12:39	3.6	1:07	3.1	7:20	0.2	7:25	0.5	5:50	8:13	
3	Sat	1:18	3.6	1:46	3.2	8:00	0.1	8:07	0.4	5:51	8:12	
4	Sun	1:54	3.6	2:24	3.2	8:38	0.1	8:47	0.4	5:52	8:10	
5	Mon	2:29	3.5	3:00	3.2	9:12	0.1	9:24	0.5	5:53	8:09	
6	Tue	3:03	3.4	3:34	3.2	9:44	0.2	9:59	0.6	5:54	8:08	
7	Wed	3:36	3.2	4:06	3.2	10:14	0.3	10:34	0.7	5:55	8:07	
8	Thu	4:11	3.1	4:40	3.2	10:42	0.4	11:12	0.7	5:56	8:05	
9	Fri	4:52	3.0	5:21	3.3	11:13	0.4			5:57	8:04	
10	Sat	5:41	2.9	6:08	3.4	12:01	0.8	11:54 AM	0.5	5:58	8:03	
11	Sun	6:36	2.8	7:00	3.4	1:14	0.9	12:52	0.6	5:59	8:01	
12	Mon	7:36	2.8	8:00	3.5	2:30	0.8	2:09	0.6	6:00	8:00	
13	Tue	8:45	2.9	9:10	3.6	3:36	0.6	3:24	0.5	6:01	7:59	
14	Wed	9:59	3.0	10:22	3.8	4:34	0.4	4:29	0.3	6:02	7:57	
15	Thu	11:05	3.3	11:24	4.0	5:29	0.1	5:29	0.1	6:03	7:56	
16	Fri			12:01	3.6	6:21	-0.2	6:26	-0.1	6:04	7:54	
17	Sat	12:18	4.2	12:53	3.8	7:12	-0.4	7:22	-0.3	6:06	7:53	
18	Sun	1:09	4.2	1:44	4.0	8:02	-0.5	8:16	-0.3	6:07	7:52	
19	Mon	2:00	4.2	2:36	4.1	8:50	-0.6	9:08	-0.3	6:08	7:50	
20	Tue	2:52	4.0	3:29	4.0	9:36	-0.5	9:59	-0.2	6:09	7:49	
21	Wed	3:46	3.8	4:24	4.0	10:22	-0.3	10:50	0.0	6:10	7:47	
22	Thu	4:42	3.6	5:19	3.8	11:09	0.0	11:45	0.3	6:11	7:46	
23	Fri	5:39	3.3	6:13	3.7			12:01	0.3	6:12	7:44	
24	Sat	6:35	3.1	7:05	3.5	12:46	0.5	12:59	0.5	6:13	7:42	
25	Sun	7:30	2.9	7:58	3.4	1:50	0.7	2:01	0.7	6:14	7:41	
26	Mon	8:27	2.8	8:55	3.3	2:53	0.7	3:00	0.8	6:15	7:39	
27	Tue	9:27	2.8	9:53	3.3	3:49	0.7	3:56	0.8	6:16	7:38	
28	Wed	10:26	2.9	10:47	3.4	4:40	0.6	4:46	0.7	6:17	7:36	
29	Thu	11:17	3.0	11:34	3.5	5:25	0.5	5:32	0.6	6:18	7:34	
30	Fri			12:00	3.1	6:07	0.4	6:17	0.5	6:19	7:33	
31	Sat	12:14	3.6	12:39	3.3	6:47	0.3	7:00	0.5	6:20	7:31	