

Poughkeepsie, NY - Sep 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:52	3.6	1:15	3.4	7:26	0.2	7:42	0.4	6:21	7:30	
2	Mon	1:26	3.6	1:48	3.4	8:03	0.2	8:22	0.4	6:22	7:28	
3	Tue	1:59	3.5	2:19	3.5	8:38	0.2	9:00	0.4	6:23	7:26	
4	Wed	2:31	3.4	2:47	3.5	9:10	0.2	9:36	0.4	6:24	7:25	
5	Thu	3:02	3.3	3:16	3.5	9:40	0.3	10:12	0.5	6:25	7:23	
6	Fri	3:38	3.1	3:53	3.5	10:10	0.4	10:51	0.6	6:26	7:21	
7	Sat	4:23	3.0	4:40	3.5	10:43	0.5	11:40	0.7	6:27	7:19	
8	Sun	5:19	2.9	5:36	3.5	11:26	0.6			6:28	7:18	
9	Mon	6:21	2.9	6:38	3.5	12:50	0.8	12:28	0.7	6:29	7:16	
10	Tue	7:25	2.9	7:43	3.6	2:07	0.7	1:55	0.7	6:30	7:14	
11	Wed	8:33	3.0	8:55	3.6	3:14	0.6	3:12	0.5	6:31	7:13	
12	Thu	9:45	3.2	10:07	3.8	4:13	0.3	4:17	0.3	6:32	7:11	
13	Fri	10:49	3.5	11:09	3.9	5:07	0.1	5:16	0.1	6:33	7:09	
14	Sat	11:44	3.8			5:58	-0.2	6:12	-0.1	6:34	7:07	
15	Sun	12:02	4.1	12:34	4.1	6:47	-0.3	7:06	-0.3	6:35	7:06	
16	Mon	12:52	4.1	1:22	4.2	7:36	-0.4	7:59	-0.3	6:36	7:04	
17	Tue	1:40	4.1	2:10	4.2	8:23	-0.4	8:49	-0.3	6:37	7:02	
18	Wed	2:30	3.9	3:00	4.1	9:09	-0.3	9:38	-0.2	6:38	7:00	
19	Thu	3:21	3.7	3:51	4.0	9:54	-0.1	10:26	0.0	6:39	6:59	
20	Fri	4:16	3.4	4:45	3.8	10:39	0.2	11:17	0.3	6:40	6:57	
21	Sat	5:14	3.2	5:40	3.6	11:27	0.5			6:41	6:55	
22	Sun	6:10	3.0	6:33	3.4	12:14	0.5	12:22	0.8	6:42	6:54	
23	Mon	7:05	2.9	7:27	3.3	1:16	0.7	1:26	0.9	6:43	6:52	
24	Tue	8:00	2.8	8:21	3.2	2:19	0.8	2:29	1.0	6:45	6:50	
25	Wed	8:57	2.8	9:18	3.2	3:16	0.8	3:27	1.0	6:46	6:48	
26	Thu	9:54	2.9	10:13	3.2	4:06	0.7	4:19	0.8	6:47	6:47	
27	Fri	10:46	3.1	11:02	3.3	4:50	0.6	5:06	0.7	6:48	6:45	
28	Sat	11:30	3.3	11:44	3.4	5:31	0.5	5:50	0.6	6:49	6:43	
29	Sun			12:08	3.4	6:10	0.3	6:33	0.5	6:50	6:41	
30	Mon	12:22	3.5	12:42	3.6	6:48	0.3	7:15	0.4	6:51	6:40	