

Poughkeepsie, NY - Jan 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:39	3.3	2:51	3.6	9:02	-0.5	9:42	-0.7	7:22	4:35	
2	Thu	3:37	3.3	3:50	3.5	9:55	-0.4	10:33	-0.5	7:22	4:36	
3	Fri	4:36	3.3	4:49	3.2	10:55	-0.2	11:30	-0.4	7:22	4:37	
4	Sat	5:33	3.3	5:47	3.0			12:01	0.0	7:22	4:38	
5	Sun	6:29	3.3	6:45	2.8	12:31	-0.2	1:10	0.1	7:22	4:39	
6	Mon	7:26	3.2	7:47	2.7	1:32	-0.1	2:15	0.1	7:22	4:40	
7	Tue	8:26	3.2	8:52	2.6	2:31	-0.1	3:14	0.0	7:22	4:41	
8	Wed	9:26	3.2	9:53	2.6	3:26	-0.1	4:08	-0.1	7:22	4:42	
9	Thu	10:20	3.3	10:46	2.7	4:17	-0.1	4:59	-0.2	7:22	4:43	
10	Fri	11:07	3.4	11:32	2.8	5:06	-0.1	5:46	-0.2	7:22	4:44	
11	Sat	11:50	3.4			5:52	-0.1	6:31	-0.3	7:21	4:45	
12	Sun	12:15	2.8	12:30	3.4	6:37	-0.1	7:13	-0.3	7:21	4:46	
13	Mon	12:56	2.8	1:09	3.3	7:19	-0.1	7:52	-0.3	7:21	4:47	
14	Tue	1:37	2.8	1:48	3.2	7:59	-0.1	8:29	-0.3	7:20	4:48	
15	Wed	2:17	2.8	2:27	3.1	8:36	0.0	9:03	-0.2	7:20	4:49	
16	Thu	2:58	2.7	3:05	2.9	9:12	0.1	9:34	-0.1	7:20	4:50	
17	Fri	3:38	2.7	3:44	2.7	9:47	0.3	10:05	0.0	7:19	4:51	
18	Sat	4:16	2.7	4:23	2.6	10:24	0.4	10:36	0.2	7:19	4:53	
19	Sun	4:53	2.7	5:04	2.5	11:11	0.5	11:15	0.3	7:18	4:54	
20	Mon	5:31	2.7	5:50	2.4			12:22	0.6	7:17	4:55	
21	Tue	6:14	2.7	6:43	2.3	12:11	0.3	1:35	0.5	7:17	4:56	
22	Wed	7:07	2.8	7:48	2.3	1:22	0.3	2:39	0.4	7:16	4:57	
23	Thu	8:12	3.0	9:00	2.4	2:28	0.2	3:36	0.2	7:15	4:59	
24	Fri	9:21	3.2	10:03	2.7	3:28	0.0	4:29	-0.1	7:15	5:00	
25	Sat	10:20	3.4	10:56	2.9	4:25	-0.2	5:20	-0.4	7:14	5:01	
26	Sun	11:12	3.7	11:46	3.2	5:19	-0.4	6:11	-0.6	7:13	5:02	
27	Mon			12:01	3.8	6:14	-0.6	7:00	-0.8	7:12	5:04	
28	Tue	12:35	3.4	12:51	3.9	7:07	-0.8	7:47	-0.9	7:11	5:05	
29	Wed	1:26	3.5	1:42	3.8	7:58	-0.8	8:34	-1.0	7:11	5:06	
30	Thu	2:19	3.5	2:36	3.6	8:49	-0.8	9:20	-0.9	7:10	5:07	
31	Fri	3:15	3.5	3:32	3.4	9:40	-0.6	10:08	-0.7	7:09	5:09	