

Poughkeepsie, NY - May 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:38	3.3	6:19	2.9			12:14	0.3	5:52	7:53	
2	Fri	6:30	3.1	7:10	2.8	12:28	0.7	1:10	0.4	5:51	7:54	
3	Sat	7:21	3.0	8:00	2.8	1:32	0.8	2:07	0.5	5:49	7:55	
4	Sun	8:13	2.8	8:52	2.9	2:34	0.9	3:00	0.5	5:48	7:56	
5	Mon	9:08	2.8	9:45	3.0	3:31	0.8	3:48	0.5	5:47	7:57	
6	Tue	10:04	2.8	10:35	3.1	4:22	0.7	4:32	0.4	5:46	7:58	
7	Wed	10:55	2.9	11:18	3.3	5:08	0.5	5:13	0.3	5:45	7:59	
8	Thu	11:40	2.9	11:56	3.4	5:53	0.3	5:54	0.3	5:43	8:00	
9	Fri			12:20	3.0	6:37	0.2	6:34	0.2	5:42	8:01	
10	Sat	12:29	3.6	12:58	3.0	7:20	0.1	7:15	0.2	5:41	8:02	
11	Sun	1:01	3.6	1:36	3.0	8:03	0.0	7:56	0.2	5:40	8:03	
12	Mon	1:32	3.7	2:14	3.0	8:45	-0.1	8:36	0.2	5:39	8:04	
13	Tue	2:07	3.7	2:56	3.0	9:26	-0.1	9:17	0.2	5:38	8:05	
14	Wed	2:47	3.7	3:45	3.0	10:08	-0.1	9:59	0.2	5:37	8:06	
15	Thu	3:36	3.6	4:41	3.0	10:52	0.0	10:46	0.3	5:36	8:07	
16	Fri	4:33	3.5	5:39	3.1	11:43	0.1	11:43	0.4	5:35	8:08	
17	Sat	5:36	3.4	6:36	3.2			12:42	0.1	5:34	8:09	
18	Sun	6:38	3.4	7:32	3.3	12:55	0.4	1:45	0.1	5:33	8:10	
19	Mon	7:39	3.3	8:31	3.5	2:10	0.4	2:45	0.1	5:32	8:11	
20	Tue	8:44	3.2	9:32	3.6	3:17	0.3	3:42	0.0	5:31	8:12	
21	Wed	9:51	3.2	10:32	3.8	4:18	0.1	4:36	-0.1	5:30	8:13	
22	Thu	10:55	3.3	11:26	4.0	5:14	-0.1	5:28	-0.2	5:29	8:14	
23	Fri	11:50	3.3			6:08	-0.2	6:19	-0.2	5:29	8:15	
24	Sat	12:15	4.1	12:42	3.4	7:01	-0.3	7:10	-0.2	5:28	8:16	
25	Sun	1:02	4.1	1:32	3.3	7:51	-0.4	7:59	-0.1	5:27	8:17	
26	Mon	1:48	4.0	2:22	3.3	8:40	-0.3	8:47	0.0	5:27	8:18	
27	Tue	2:35	3.9	3:13	3.2	9:26	-0.3	9:32	0.2	5:26	8:19	
28	Wed	3:24	3.7	4:06	3.1	10:10	-0.1	10:16	0.4	5:25	8:20	
29	Thu	4:14	3.5	4:59	3.0	10:53	0.1	11:01	0.6	5:25	8:20	
30	Fri	5:06	3.3	5:50	3.0	11:39	0.2	11:51	0.8	5:24	8:21	
31	Sat	5:56	3.1	6:38	2.9			12:27	0.4	5:24	8:22	