

Poughkeepsie, NY - Aug 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:32	2.7	7:52	3.2	2:19	1.0	1:55	0.7	5:49	8:14	
2	Sat	8:28	2.7	8:47	3.3	3:20	0.8	3:00	0.7	5:50	8:13	
3	Sun	9:34	2.7	9:51	3.5	4:15	0.7	4:00	0.6	5:51	8:12	
4	Mon	10:38	2.9	10:51	3.7	5:07	0.4	4:56	0.4	5:52	8:11	
5	Tue	11:32	3.1	11:44	3.9	5:56	0.2	5:51	0.2	5:53	8:09	
6	Wed			12:21	3.4	6:45	-0.1	6:45	0.0	5:54	8:08	
7	Thu	12:32	4.1	1:09	3.6	7:34	-0.3	7:39	-0.2	5:55	8:07	
8	Fri	1:21	4.2	1:58	3.8	8:21	-0.4	8:32	-0.3	5:56	8:06	
9	Sat	2:10	4.1	2:50	3.9	9:08	-0.5	9:23	-0.3	5:57	8:04	
10	Sun	3:03	4.0	3:45	4.0	9:54	-0.5	10:15	-0.2	5:58	8:03	
11	Mon	4:00	3.8	4:43	3.9	10:41	-0.4	11:09	0.0	5:59	8:02	
12	Tue	4:59	3.6	5:40	3.9	11:31	-0.2			6:00	8:00	
13	Wed	5:59	3.4	6:37	3.8	12:09	0.2	12:29	0.1	6:01	7:59	
14	Thu	6:57	3.2	7:33	3.7	1:15	0.4	1:31	0.3	6:02	7:58	
15	Fri	7:56	3.1	8:30	3.6	2:22	0.5	2:35	0.4	6:03	7:56	
16	Sat	8:59	3.0	9:31	3.5	3:25	0.4	3:35	0.5	6:04	7:55	
17	Sun	10:04	3.0	10:31	3.6	4:22	0.4	4:31	0.5	6:05	7:53	
18	Mon	11:02	3.0	11:23	3.6	5:13	0.3	5:22	0.4	6:06	7:52	
19	Tue	11:51	3.2			6:00	0.2	6:09	0.4	6:07	7:50	
20	Wed	12:08	3.7	12:34	3.3	6:45	0.2	6:55	0.4	6:08	7:49	
21	Thu	12:49	3.7	1:14	3.4	7:26	0.1	7:39	0.3	6:09	7:47	
22	Fri	1:27	3.7	1:53	3.4	8:06	0.1	8:21	0.4	6:10	7:46	
23	Sat	2:05	3.6	2:30	3.4	8:42	0.1	9:00	0.4	6:11	7:44	
24	Sun	2:42	3.5	3:06	3.4	9:16	0.2	9:37	0.5	6:12	7:43	
25	Mon	3:19	3.3	3:42	3.3	9:48	0.3	10:13	0.6	6:14	7:41	
26	Tue	3:56	3.1	4:16	3.3	10:17	0.4	10:49	0.7	6:15	7:40	
27	Wed	4:35	3.0	4:50	3.2	10:44	0.5	11:28	0.8	6:16	7:38	
28	Thu	5:18	2.9	5:30	3.2	11:15	0.7			6:17	7:36	
29	Fri	6:05	2.8	6:16	3.2	12:22	0.9	11:58 AM	0.8	6:18	7:35	
30	Sat	6:57	2.7	7:08	3.3	1:35	1.0	1:02	0.8	6:19	7:33	
31	Sun	7:55	2.8	8:08	3.4	2:44	0.9	2:25	0.8	6:20	7:32	