

Poughkeepsie, NY - Sep 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:01	2.9	9:17	3.5	3:44	0.7	3:35	0.6	6:21	7:30	
2	Tue	10:09	3.1	10:25	3.7	4:38	0.4	4:36	0.4	6:22	7:28	
3	Wed	11:07	3.4	11:22	3.9	5:28	0.2	5:32	0.1	6:23	7:27	
4	Thu	11:58	3.7			6:17	-0.1	6:27	-0.1	6:24	7:25	
5	Fri	12:14	4.1	12:47	4.0	7:06	-0.3	7:22	-0.3	6:25	7:23	
6	Sat	1:03	4.2	1:36	4.2	7:54	-0.5	8:15	-0.4	6:26	7:22	
7	Sun	1:53	4.1	2:26	4.2	8:42	-0.5	9:07	-0.4	6:27	7:20	
8	Mon	2:45	4.0	3:19	4.2	9:29	-0.5	9:58	-0.3	6:28	7:18	
9	Tue	3:41	3.8	4:16	4.1	10:16	-0.3	10:50	-0.1	6:29	7:16	
10	Wed	4:40	3.6	5:15	3.9	11:06	0.0	11:48	0.2	6:30	7:15	
11	Thu	5:42	3.4	6:13	3.8			12:03	0.3	6:31	7:13	
12	Fri	6:42	3.2	7:10	3.6	12:52	0.4	1:07	0.5	6:32	7:11	
13	Sat	7:41	3.1	8:08	3.5	1:58	0.5	2:13	0.7	6:33	7:10	
14	Sun	8:41	3.0	9:07	3.4	3:01	0.6	3:15	0.7	6:34	7:08	
15	Mon	9:42	3.0	10:06	3.4	3:57	0.5	4:11	0.7	6:35	7:06	
16	Tue	10:39	3.1	10:59	3.5	4:47	0.4	5:01	0.6	6:36	7:04	
17	Wed	11:27	3.3	11:44	3.5	5:32	0.4	5:47	0.5	6:37	7:03	
18	Thu			12:08	3.4	6:13	0.3	6:31	0.4	6:38	7:01	
19	Fri	12:24	3.6	12:46	3.5	6:53	0.2	7:14	0.4	6:39	6:59	
20	Sat	1:01	3.6	1:21	3.6	7:31	0.2	7:55	0.3	6:40	6:57	
21	Sun	1:37	3.5	1:54	3.6	8:07	0.2	8:35	0.3	6:41	6:56	
22	Mon	2:12	3.4	2:25	3.6	8:42	0.3	9:12	0.4	6:42	6:54	
23	Tue	2:46	3.3	2:53	3.5	9:14	0.3	9:48	0.5	6:43	6:52	
24	Wed	3:20	3.1	3:21	3.4	9:43	0.4	10:23	0.6	6:44	6:50	
25	Thu	3:57	3.0	3:55	3.4	10:12	0.6	11:01	0.7	6:45	6:49	
26	Fri	4:42	2.9	4:40	3.4	10:44	0.7	11:49	0.8	6:46	6:47	
27	Sat	5:36	2.8	5:36	3.3	11:27	0.8			6:47	6:45	
28	Sun	6:34	2.8	6:37	3.4	12:58	0.9	12:32	0.8	6:48	6:44	
29	Mon	7:33	2.9	7:41	3.4	2:11	0.8	2:01	0.8	6:50	6:42	
30	Tue	8:37	3.0	8:50	3.5	3:14	0.6	3:16	0.6	6:51	6:40	