

Poughkeepsie, NY - Oct 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:43	3.3	10:00	3.7	4:09	0.3	4:19	0.4	6:52	6:38	
2	Thu	10:43	3.6	11:01	3.8	5:00	0.1	5:16	0.1	6:53	6:37	
3	Fri	11:36	3.9	11:54	4.0	5:49	-0.2	6:11	-0.2	6:54	6:35	
4	Sat			12:26	4.2	6:39	-0.3	7:05	-0.3	6:55	6:33	
5	Sun	12:44	4.0	1:14	4.4	7:28	-0.5	7:58	-0.4	6:56	6:32	
6	Mon	1:34	4.0	2:03	4.4	8:17	-0.5	8:50	-0.4	6:57	6:30	
7	Tue	2:26	3.9	2:55	4.3	9:05	-0.4	9:40	-0.3	6:58	6:28	
8	Wed	3:21	3.7	3:50	4.1	9:53	-0.2	10:31	-0.1	6:59	6:27	
9	Thu	4:21	3.5	4:48	3.9	10:42	0.1	11:25	0.1	7:00	6:25	
10	Fri	5:23	3.3	5:47	3.7	11:37	0.4			7:01	6:23	
11	Sat	6:23	3.1	6:45	3.5	12:25	0.4	12:39	0.7	7:02	6:22	
12	Sun	7:20	3.0	7:40	3.3	1:29	0.5	1:46	0.8	7:04	6:20	
13	Mon	8:16	3.0	8:36	3.2	2:31	0.6	2:49	0.8	7:05	6:18	
14	Tue	9:13	3.0	9:33	3.2	3:26	0.6	3:46	0.8	7:06	6:17	
15	Wed	10:08	3.1	10:26	3.2	4:14	0.5	4:36	0.7	7:07	6:15	
16	Thu	10:56	3.3	11:14	3.3	4:57	0.4	5:22	0.5	7:08	6:14	
17	Fri	11:38	3.4	11:55	3.3	5:38	0.3	6:05	0.4	7:09	6:12	
18	Sat			12:16	3.6	6:16	0.3	6:48	0.3	7:10	6:11	
19	Sun	12:33	3.3	12:50	3.6	6:55	0.2	7:30	0.3	7:12	6:09	
20	Mon	1:10	3.3	1:21	3.7	7:32	0.2	8:10	0.2	7:13	6:08	
21	Tue	1:44	3.2	1:50	3.6	8:08	0.3	8:49	0.2	7:14	6:06	
22	Wed	2:19	3.2	2:17	3.6	8:43	0.3	9:27	0.3	7:15	6:05	
23	Thu	2:53	3.0	2:46	3.6	9:16	0.4	10:04	0.4	7:16	6:03	
24	Fri	3:32	2.9	3:24	3.5	9:49	0.5	10:44	0.4	7:17	6:02	
25	Sat	4:20	2.9	4:12	3.4	10:26	0.6	11:31	0.5	7:18	6:00	
26	Sun	4:18	2.8	4:12	3.4	10:12	0.6	11:31	0.6	6:20	4:59	
27	Mon	5:18	2.9	5:17	3.4	11:19	0.7			6:21	4:57	
28	Tue	6:17	3.0	6:21	3.4	12:40	0.5	12:45	0.7	6:22	4:56	
29	Wed	7:17	3.2	7:27	3.4	1:43	0.4	1:59	0.5	6:23	4:55	
30	Thu	8:20	3.4	8:36	3.4	2:40	0.2	3:03	0.3	6:24	4:53	
31	Fri	9:21	3.7	9:40	3.6	3:33	0.0	4:00	0.0	6:26	4:52	