

Poughkeepsie, NY - Nov 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:16	4.0	10:36	3.7	4:23	-0.2	4:55	-0.2	6:27	4:51	
2	Sun	11:06	4.2	11:28	3.7	5:13	-0.4	5:49	-0.4	6:28	4:50	
3	Mon	11:54	4.3			6:04	-0.4	6:41	-0.5	6:29	4:48	
4	Tue	12:18	3.7	12:43	4.3	6:54	-0.4	7:33	-0.5	6:31	4:47	
5	Wed	1:09	3.6	1:32	4.2	7:43	-0.3	8:22	-0.4	6:32	4:46	
6	Thu	2:03	3.4	2:25	4.0	8:31	-0.1	9:11	-0.2	6:33	4:45	
7	Fri	3:01	3.3	3:21	3.7	9:19	0.1	10:01	0.0	6:34	4:44	
8	Sat	4:00	3.1	4:18	3.5	10:10	0.4	10:54	0.2	6:35	4:43	
9	Sun	4:58	3.0	5:14	3.3	11:07	0.6	11:52	0.4	6:37	4:42	
10	Mon	5:52	2.9	6:07	3.1			12:11	0.8	6:38	4:40	
11	Tue	6:44	2.9	6:58	3.0	12:50	0.5	1:15	0.8	6:39	4:39	
12	Wed	7:36	2.9	7:51	2.9	1:45	0.5	2:13	0.8	6:40	4:38	
13	Thu	8:28	3.0	8:46	2.9	2:33	0.5	3:05	0.7	6:42	4:37	
14	Fri	9:19	3.1	9:38	2.9	3:18	0.4	3:53	0.5	6:43	4:37	
15	Sat	10:04	3.3	10:24	3.0	3:59	0.3	4:37	0.4	6:44	4:36	
16	Sun	10:44	3.4	11:05	3.0	4:39	0.3	5:21	0.3	6:45	4:35	
17	Mon	11:19	3.5	11:43	3.0	5:19	0.2	6:04	0.2	6:46	4:34	
18	Tue	11:51	3.6			5:59	0.2	6:46	0.1	6:48	4:33	
19	Wed	12:20	3.0	12:21	3.6	6:39	0.2	7:28	0.0	6:49	4:32	
20	Thu	12:56	3.0	12:52	3.6	7:18	0.2	8:08	0.0	6:50	4:32	
21	Fri	1:34	2.9	1:27	3.6	7:57	0.2	8:48	0.0	6:51	4:31	
22	Sat	2:16	2.9	2:08	3.5	8:36	0.2	9:29	0.1	6:52	4:30	
23	Sun	3:06	2.9	2:59	3.4	9:17	0.3	10:14	0.1	6:53	4:30	
24	Mon	4:04	2.9	3:59	3.4	10:07	0.4	11:08	0.2	6:55	4:29	
25	Tue	5:02	3.0	5:02	3.3	11:11	0.4			6:56	4:29	
26	Wed	5:59	3.1	6:04	3.2	12:09	0.2	12:29	0.4	6:57	4:28	
27	Thu	6:56	3.3	7:07	3.2	1:12	0.1	1:42	0.3	6:58	4:28	
28	Fri	7:57	3.4	8:14	3.1	2:12	0.0	2:46	0.1	6:59	4:27	
29	Sat	8:59	3.6	9:20	3.2	3:07	-0.2	3:45	-0.1	7:00	4:27	
30	Sun	9:57	3.8	10:20	3.3	4:00	-0.3	4:40	-0.3	7:01	4:26	