

Poughkeepsie, NY - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:13	3.7	6:19	-0.4	6:58	-0.6	7:22	4:35	☀
2	Fri	12:40	3.1	12:58	3.6	7:07	-0.3	7:44	-0.6	7:22	4:36	☀
3	Sat	1:27	3.1	1:43	3.5	7:53	-0.3	8:26	-0.5	7:22	4:37	☀
4	Sun	2:15	3.0	2:28	3.3	8:36	-0.1	9:07	-0.4	7:22	4:38	☀
5	Mon	3:02	2.9	3:15	3.1	9:17	0.0	9:46	-0.2	7:22	4:38	☀
6	Tue	3:50	2.8	4:02	2.9	10:00	0.2	10:25	0.0	7:22	4:39	☀
7	Wed	4:38	2.7	4:49	2.8	10:46	0.4	11:07	0.2	7:22	4:40	☀
8	Thu	5:23	2.7	5:35	2.6	11:41	0.6	11:55	0.3	7:22	4:41	☀
9	Fri	6:06	2.7	6:21	2.4			12:44	0.6	7:22	4:42	☀
10	Sat	6:51	2.7	7:10	2.3	12:48	0.4	1:45	0.6	7:22	4:43	☀
11	Sun	7:40	2.7	8:08	2.3	1:43	0.4	2:42	0.5	7:22	4:44	☀
12	Mon	8:35	2.8	9:08	2.4	2:36	0.3	3:34	0.4	7:21	4:46	☀
13	Tue	9:29	2.9	10:03	2.5	3:27	0.2	4:22	0.2	7:21	4:47	☀
14	Wed	10:17	3.1	10:49	2.6	4:15	0.1	5:09	-0.1	7:21	4:48	☀
15	Thu	10:59	3.3	11:32	2.8	5:02	-0.1	5:55	-0.3	7:20	4:49	☀
16	Fri	11:39	3.5			5:50	-0.2	6:40	-0.4	7:20	4:50	☀
17	Sat	12:13	3.0	12:20	3.6	6:38	-0.4	7:24	-0.6	7:19	4:51	☀
18	Sun	12:55	3.1	1:03	3.6	7:26	-0.5	8:07	-0.7	7:19	4:52	☀
19	Mon	1:41	3.2	1:50	3.6	8:13	-0.6	8:50	-0.7	7:18	4:54	☀
20	Tue	2:31	3.2	2:41	3.5	9:00	-0.5	9:34	-0.7	7:18	4:55	☀
21	Wed	3:25	3.3	3:37	3.3	9:50	-0.4	10:21	-0.5	7:17	4:56	☀
22	Thu	4:22	3.3	4:36	3.1	10:48	-0.2	11:16	-0.4	7:16	4:57	☀
23	Fri	5:19	3.3	5:35	2.9	11:54	-0.1			7:16	4:58	☀
24	Sat	6:17	3.3	6:36	2.8	12:19	-0.2	1:05	0.0	7:15	5:00	☀
25	Sun	7:17	3.2	7:41	2.7	1:25	-0.1	2:12	0.0	7:14	5:01	☀
26	Mon	8:21	3.2	8:51	2.7	2:28	-0.1	3:13	-0.1	7:13	5:02	☀
27	Tue	9:26	3.2	9:56	2.7	3:27	-0.2	4:10	-0.2	7:12	5:03	☀
28	Wed	10:23	3.3	10:51	2.9	4:21	-0.2	5:02	-0.3	7:12	5:05	☀
29	Thu	11:13	3.4	11:39	3.0	5:13	-0.3	5:51	-0.4	7:11	5:06	☀
30	Fri	11:57	3.5			6:02	-0.3	6:37	-0.5	7:10	5:07	☀
31	Sat	12:23	3.0	12:39	3.4	6:49	-0.3	7:20	-0.5	7:09	5:08	☀