

Poughkeepsie, NY - Apr 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:17	3.4	1:44	3.0	8:03	-0.1	8:05	0.0	5:37	6:21	●
2	Fri	1:47	3.3	2:21	2.9	8:39	0.0	8:36	0.1	5:36	6:22	●
3	Sat	2:15	3.2	2:59	2.8	9:14	0.1	9:04	0.3	5:34	6:23	●
4	Sun	2:44	3.1	3:39	2.7	9:48	0.3	9:33	0.4	5:32	6:24	◐
5	Mon	3:20	3.1	4:25	2.6	10:26	0.4	10:09	0.5	5:31	6:25	◑
6	Tue	4:06	3.0	5:14	2.6	11:18	0.5	11:00	0.6	5:29	6:26	◒
7	Wed	5:02	3.0	6:07	2.6			12:30	0.5	5:27	6:27	◓
8	Thu	6:02	3.0	7:04	2.7	12:20	0.7	1:38	0.4	5:26	6:28	◔
9	Fri	7:08	3.0	8:09	2.9	1:44	0.5	2:37	0.3	5:24	6:29	◕
10	Sat	8:21	3.1	9:12	3.2	2:52	0.3	3:31	0.0	5:22	6:31	◖
11	Sun	9:30	3.3	10:09	3.6	3:51	0.0	4:22	-0.2	5:21	6:32	◗
12	Mon	10:29	3.5	10:59	3.9	4:47	-0.3	5:12	-0.4	5:19	6:33	◘
13	Tue	11:21	3.6	11:48	4.1	5:41	-0.5	6:02	-0.6	5:18	6:34	◙
14	Wed			12:12	3.7	6:34	-0.7	6:52	-0.6	5:16	6:35	◚
15	Thu	12:36	4.2	1:03	3.7	7:27	-0.8	7:41	-0.6	5:14	6:36	◛
16	Fri	1:27	4.2	1:58	3.6	8:17	-0.7	8:30	-0.5	5:13	6:37	◜
17	Sat	2:21	4.1	2:56	3.4	9:07	-0.6	9:20	-0.3	5:11	6:38	◝
18	Sun	3:18	3.8	3:57	3.3	9:59	-0.4	10:13	0.0	5:10	6:39	◞
19	Mon	4:18	3.6	4:58	3.1	10:55	-0.1	11:12	0.3	5:08	6:40	◟
20	Tue	5:16	3.4	5:55	3.0	11:57	0.1			5:07	6:41	◠
21	Wed	6:13	3.2	6:51	3.0	12:19	0.5	12:59	0.2	5:05	6:43	◡
22	Thu	7:09	3.1	7:48	3.0	1:25	0.6	1:58	0.3	5:04	6:44	◢
23	Fri	8:07	3.0	8:45	3.0	2:25	0.6	2:51	0.3	5:02	6:45	◣
24	Sat	9:05	2.9	9:37	3.1	3:20	0.5	3:37	0.3	5:01	6:46	◤
25	Sun	10:57	3.0	11:22	3.3	5:08	0.4	5:20	0.2	5:59	7:47	◥
26	Mon	11:43	3.0			5:53	0.3	6:01	0.2	5:58	7:48	◦
27	Tue	12:02	3.4	12:24	3.1	6:37	0.2	6:41	0.2	5:57	7:49	◧
28	Wed	12:39	3.5	1:03	3.1	7:19	0.1	7:20	0.1	5:55	7:50	◨
29	Thu	1:13	3.5	1:41	3.1	8:01	0.0	7:58	0.2	5:54	7:51	◩
30	Fri	1:45	3.5	2:18	3.0	8:40	0.0	8:35	0.2	5:52	7:52	◪