

Poughkeepsie, NY - Jan 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:43	3.0	10:08	2.6	3:36	0.2	4:24	0.2	7:22	4:36	
2	Sun	10:29	3.1	10:54	2.6	4:20	0.1	5:09	0.1	7:22	4:36	
3	Mon	11:08	3.2	11:36	2.7	5:04	0.1	5:53	-0.1	7:22	4:37	
4	Tue	11:44	3.3			5:47	0.0	6:35	-0.2	7:22	4:38	
5	Wed	12:14	2.8	12:18	3.3	6:29	-0.1	7:16	-0.3	7:22	4:39	
6	Thu	12:52	2.8	12:50	3.4	7:11	-0.1	7:56	-0.3	7:22	4:40	
7	Fri	1:29	2.8	1:23	3.3	7:51	-0.2	8:33	-0.4	7:22	4:41	
8	Sat	2:07	2.9	2:01	3.3	8:30	-0.2	9:10	-0.3	7:22	4:42	
9	Sun	2:49	2.9	2:45	3.2	9:10	-0.1	9:48	-0.3	7:22	4:43	
10	Mon	3:37	2.9	3:36	3.1	9:55	0.0	10:30	-0.2	7:22	4:44	
11	Tue	4:29	3.0	4:33	3.0	10:50	0.1	11:23	-0.1	7:21	4:45	
12	Wed	5:24	3.1	5:32	2.9			12:01	0.1	7:21	4:46	
13	Thu	6:20	3.2	6:34	2.8	12:28	-0.1	1:16	0.1	7:21	4:48	
14	Fri	7:21	3.2	7:43	2.7	1:35	-0.1	2:24	0.0	7:20	4:49	
15	Sat	8:29	3.3	8:57	2.8	2:39	-0.2	3:26	-0.2	7:20	4:50	
16	Sun	9:35	3.5	10:04	2.9	3:39	-0.3	4:24	-0.4	7:19	4:51	
17	Mon	10:34	3.6	11:01	3.1	4:35	-0.4	5:18	-0.6	7:19	4:52	
18	Tue	11:26	3.8	11:54	3.2	5:30	-0.5	6:11	-0.7	7:18	4:53	
19	Wed			12:15	3.8	6:23	-0.6	7:00	-0.8	7:18	4:54	
20	Thu	12:43	3.3	1:03	3.7	7:13	-0.6	7:47	-0.8	7:17	4:56	
21	Fri	1:33	3.2	1:51	3.6	8:01	-0.5	8:31	-0.7	7:16	4:57	
22	Sat	2:22	3.2	2:39	3.4	8:47	-0.4	9:14	-0.6	7:16	4:58	
23	Sun	3:11	3.1	3:28	3.2	9:31	-0.2	9:55	-0.3	7:15	4:59	
24	Mon	4:00	3.0	4:17	3.0	10:17	0.0	10:37	-0.1	7:14	5:01	
25	Tue	4:48	2.9	5:05	2.8	11:08	0.3	11:23	0.1	7:14	5:02	
26	Wed	5:35	2.8	5:53	2.6			12:06	0.4	7:13	5:03	
27	Thu	6:20	2.7	6:42	2.4	12:15	0.3	1:08	0.5	7:12	5:04	
28	Fri	7:09	2.7	7:36	2.3	1:10	0.4	2:08	0.5	7:11	5:06	
29	Sat	8:04	2.7	8:36	2.3	2:06	0.4	3:02	0.4	7:10	5:07	
30	Sun	9:02	2.7	9:35	2.4	2:59	0.3	3:52	0.3	7:09	5:08	
31	Mon	9:55	2.9	10:26	2.5	3:48	0.2	4:39	0.1	7:08	5:09	