

Poughkeepsie, NY - Mar 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:11	2.8	9:51	2.6	3:14	0.4	4:04	0.2	6:30	5:46	
2	Wed	10:04	3.0	10:37	2.8	4:05	0.2	4:49	0.0	6:28	5:47	
3	Thu	10:48	3.2	11:17	3.0	4:53	0.0	5:33	-0.2	6:27	5:48	
4	Fri	11:28	3.4	11:56	3.3	5:40	-0.2	6:16	-0.4	6:25	5:49	
5	Sat			12:07	3.5	6:27	-0.4	6:59	-0.5	6:23	5:50	
6	Sun	12:34	3.4	12:48	3.5	7:14	-0.5	7:40	-0.6	6:22	5:51	
7	Mon	1:15	3.6	1:32	3.5	8:00	-0.6	8:22	-0.6	6:20	5:53	
8	Tue	2:01	3.6	2:20	3.4	8:46	-0.6	9:04	-0.5	6:18	5:54	
9	Wed	2:51	3.6	3:15	3.2	9:34	-0.5	9:50	-0.4	6:17	5:55	
10	Thu	3:47	3.5	4:15	3.1	10:28	-0.3	10:43	-0.2	6:15	5:56	
11	Fri	4:47	3.4	5:17	3.0	11:31	-0.1	11:49	0.0	6:13	5:57	
12	Sat	5:48	3.3	6:20	2.9			12:41	0.0	6:12	5:58	
13	Sun	6:51	3.2	7:26	2.8	1:01	0.1	1:49	0.0	6:10	5:59	
14	Mon	7:57	3.2	8:35	2.9	2:10	0.1	2:52	0.0	6:08	6:01	
15	Tue	9:05	3.2	9:40	3.0	3:12	0.0	3:48	-0.2	6:07	6:02	
16	Wed	10:05	3.3	10:34	3.2	4:08	-0.1	4:39	-0.3	6:05	6:03	
17	Thu	10:56	3.4	11:21	3.3	5:00	-0.2	5:27	-0.3	6:03	6:04	
18	Fri	11:41	3.4			5:49	-0.3	6:12	-0.4	6:02	6:05	
19	Sat	12:03	3.4	12:23	3.4	6:36	-0.3	6:54	-0.4	6:00	6:06	
20	Sun	12:43	3.5	1:04	3.4	7:20	-0.3	7:34	-0.3	5:58	6:07	
21	Mon	1:21	3.4	1:45	3.2	8:01	-0.3	8:11	-0.2	5:56	6:08	
22	Tue	1:59	3.3	2:26	3.1	8:40	-0.2	8:45	0.0	5:55	6:09	
23	Wed	2:37	3.2	3:10	2.9	9:17	0.0	9:18	0.1	5:53	6:11	
24	Thu	3:16	3.1	3:55	2.7	9:55	0.2	9:49	0.3	5:51	6:12	
25	Fri	3:56	3.0	4:43	2.6	10:37	0.4	10:22	0.5	5:50	6:13	
26	Sat	4:38	2.8	5:30	2.5	11:28	0.6	11:06	0.7	5:48	6:14	
27	Sun	5:22	2.8	6:19	2.5			12:32	0.6	5:46	6:15	
28	Mon	6:10	2.7	7:11	2.5	12:18	0.8	1:36	0.6	5:45	6:16	
29	Tue	7:06	2.7	8:09	2.6	1:35	0.7	2:33	0.5	5:43	6:17	
30	Wed	8:12	2.8	9:07	2.8	2:38	0.6	3:24	0.3	5:41	6:18	
31	Thu	9:17	3.0	9:58	3.0	3:33	0.4	4:11	0.1	5:39	6:19	