

Poughkeepsie, NY - Jul 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:59	4.3	1:31	3.6	7:53	-0.5	8:03	-0.3	5:24	8:34	
2	Sat	1:51	4.3	2:27	3.6	8:44	-0.6	8:56	-0.2	5:25	8:34	
3	Sun	2:45	4.1	3:24	3.6	9:33	-0.6	9:47	-0.1	5:25	8:33	
4	Mon	3:40	4.0	4:21	3.5	10:21	-0.4	10:38	0.1	5:26	8:33	
5	Tue	4:36	3.8	5:17	3.5	11:09	-0.3	11:32	0.3	5:27	8:33	
6	Wed	5:31	3.5	6:10	3.4	11:59	0.0			5:27	8:33	
7	Thu	6:23	3.3	6:59	3.4	12:30	0.5	12:52	0.2	5:28	8:32	
8	Fri	7:13	3.1	7:47	3.3	1:31	0.6	1:45	0.4	5:29	8:32	
9	Sat	8:03	2.9	8:36	3.3	2:32	0.7	2:37	0.5	5:29	8:31	
10	Sun	8:56	2.8	9:28	3.3	3:28	0.7	3:27	0.5	5:30	8:31	
11	Mon	9:53	2.8	10:20	3.3	4:20	0.6	4:15	0.5	5:31	8:31	
12	Tue	10:48	2.8	11:09	3.4	5:07	0.5	5:00	0.5	5:32	8:30	
13	Wed	11:37	2.9	11:51	3.5	5:53	0.4	5:45	0.5	5:32	8:30	
14	Thu			12:22	3.0	6:37	0.3	6:29	0.4	5:33	8:29	
15	Fri	12:30	3.6	1:03	3.0	7:20	0.2	7:13	0.4	5:34	8:28	
16	Sat	1:05	3.6	1:42	3.1	8:02	0.1	7:56	0.4	5:35	8:28	
17	Sun	1:39	3.6	2:21	3.1	8:41	0.1	8:37	0.3	5:36	8:27	
18	Mon	2:11	3.6	2:59	3.1	9:19	0.0	9:17	0.3	5:36	8:26	
19	Tue	2:44	3.5	3:38	3.2	9:54	0.0	9:56	0.4	5:37	8:26	
20	Wed	3:23	3.5	4:21	3.2	10:29	0.1	10:37	0.4	5:38	8:25	
21	Thu	4:09	3.4	5:08	3.3	11:06	0.1	11:25	0.5	5:39	8:24	
22	Fri	5:02	3.3	5:57	3.4	11:50	0.2			5:40	8:23	
23	Sat	5:59	3.2	6:49	3.5	12:26	0.5	12:45	0.3	5:41	8:22	
24	Sun	6:58	3.1	7:45	3.6	1:39	0.5	1:52	0.3	5:42	8:22	
25	Mon	8:01	3.1	8:46	3.7	2:49	0.5	2:58	0.2	5:43	8:21	
26	Tue	9:12	3.1	9:53	3.9	3:53	0.3	4:01	0.1	5:44	8:20	
27	Wed	10:24	3.2	10:57	4.0	4:52	0.1	5:00	0.0	5:45	8:19	
28	Thu	11:28	3.4	11:53	4.1	5:48	-0.1	5:57	-0.1	5:46	8:18	
29	Fri			12:24	3.5	6:42	-0.3	6:53	-0.2	5:47	8:17	
30	Sat	12:45	4.2	1:17	3.6	7:34	-0.4	7:47	-0.2	5:48	8:16	
31	Sun	1:36	4.2	2:08	3.7	8:23	-0.5	8:39	-0.2	5:49	8:15	