

Poughkeepsie, NY - Aug 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:26	4.1	3:00	3.7	9:10	-0.5	9:27	-0.1	5:49	8:13	
2	Tue	3:16	3.9	3:52	3.6	9:54	-0.3	10:15	0.1	5:50	8:12	
3	Wed	4:08	3.7	4:44	3.5	10:38	-0.1	11:03	0.3	5:51	8:11	
4	Thu	4:59	3.5	5:34	3.4	11:22	0.1	11:55	0.5	5:52	8:10	
5	Fri	5:50	3.2	6:22	3.4			12:08	0.4	5:54	8:09	
6	Sat	6:40	3.0	7:08	3.3	12:52	0.7	12:59	0.6	5:55	8:08	
7	Sun	7:29	2.9	7:55	3.2	1:53	0.8	1:53	0.7	5:56	8:06	
8	Mon	8:20	2.8	8:46	3.2	2:52	0.8	2:47	0.8	5:57	8:05	
9	Tue	9:17	2.7	9:42	3.2	3:46	0.8	3:40	0.8	5:58	8:04	
10	Wed	10:15	2.8	10:35	3.3	4:36	0.7	4:29	0.7	5:59	8:02	
11	Thu	11:08	2.9	11:22	3.4	5:22	0.5	5:16	0.6	6:00	8:01	
12	Fri	11:54	3.0			6:06	0.4	6:01	0.5	6:01	8:00	
13	Sat	12:02	3.6	12:34	3.2	6:48	0.3	6:46	0.4	6:02	7:58	
14	Sun	12:39	3.6	1:12	3.3	7:30	0.1	7:31	0.3	6:03	7:57	
15	Mon	1:13	3.7	1:48	3.4	8:10	0.0	8:14	0.2	6:04	7:56	
16	Tue	1:47	3.7	2:24	3.5	8:49	0.0	8:57	0.2	6:05	7:54	
17	Wed	2:23	3.7	3:03	3.5	9:26	0.0	9:39	0.2	6:06	7:53	
18	Thu	3:04	3.6	3:47	3.6	10:03	0.0	10:23	0.2	6:07	7:51	
19	Fri	3:52	3.5	4:38	3.6	10:42	0.1	11:12	0.3	6:08	7:50	
20	Sat	4:48	3.4	5:33	3.7	11:27	0.2			6:09	7:48	
21	Sun	5:48	3.2	6:31	3.7	12:12	0.4	12:24	0.3	6:10	7:47	
22	Mon	6:50	3.2	7:30	3.7	1:23	0.5	1:34	0.4	6:11	7:45	
23	Tue	7:55	3.1	8:33	3.7	2:33	0.5	2:45	0.4	6:12	7:44	
24	Wed	9:05	3.1	9:41	3.8	3:38	0.3	3:50	0.3	6:13	7:42	
25	Thu	10:15	3.3	10:45	3.9	4:36	0.1	4:49	0.2	6:14	7:40	
26	Fri	11:17	3.5	11:41	4.0	5:30	0.0	5:45	0.0	6:15	7:39	
27	Sat			12:10	3.6	6:22	-0.2	6:38	0.0	6:16	7:37	
28	Sun	12:31	4.1	12:59	3.8	7:11	-0.3	7:30	-0.1	6:17	7:36	
29	Mon	1:18	4.1	1:46	3.8	7:58	-0.3	8:19	-0.1	6:18	7:34	
30	Tue	2:03	4.0	2:31	3.8	8:43	-0.3	9:05	0.0	6:19	7:32	
31	Wed	2:49	3.8	3:17	3.7	9:24	-0.1	9:50	0.2	6:20	7:31	