

Poughkeepsie, NY - Nov 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:00	2.8	3:47	3.1	9:41	0.7	10:42	0.6	6:27	4:50	
2	Wed	4:51	2.7	4:35	3.0	10:19	0.9	11:35	0.7	6:29	4:49	
3	Thu	5:39	2.7	5:23	3.0	11:15	1.0			6:30	4:48	
4	Fri	6:26	2.7	6:12	3.0	12:35	0.7	12:33	1.0	6:31	4:47	
5	Sat	7:14	2.8	7:06	3.0	1:33	0.7	1:43	0.9	6:32	4:45	
6	Sun	8:05	3.0	8:06	3.1	2:24	0.5	2:42	0.7	6:34	4:44	
7	Mon	8:58	3.2	9:07	3.2	3:12	0.3	3:35	0.4	6:35	4:43	
8	Tue	9:47	3.5	10:02	3.3	3:58	0.1	4:26	0.1	6:36	4:42	
9	Wed	10:33	3.8	10:51	3.5	4:43	-0.1	5:17	-0.1	6:37	4:41	
10	Thu	11:18	4.1	11:38	3.6	5:30	-0.2	6:08	-0.3	6:38	4:40	
11	Fri			12:03	4.2	6:19	-0.3	7:00	-0.5	6:40	4:39	
12	Sat	12:27	3.6	12:51	4.3	7:09	-0.4	7:50	-0.5	6:41	4:38	
13	Sun	1:19	3.5	1:44	4.2	7:59	-0.4	8:41	-0.5	6:42	4:37	
14	Mon	2:17	3.4	2:42	4.0	8:50	-0.3	9:33	-0.4	6:43	4:36	
15	Tue	3:21	3.3	3:45	3.8	9:44	-0.1	10:28	-0.2	6:45	4:35	
16	Wed	4:27	3.3	4:48	3.7	10:44	0.1	11:29	-0.1	6:46	4:34	
17	Thu	5:29	3.2	5:49	3.5	11:52	0.3			6:47	4:34	
18	Fri	6:28	3.2	6:46	3.3	12:32	0.0	1:01	0.4	6:48	4:33	
19	Sat	7:26	3.2	7:45	3.2	1:33	0.1	2:05	0.4	6:49	4:32	
20	Sun	8:24	3.3	8:44	3.1	2:29	0.0	3:03	0.3	6:51	4:31	
21	Mon	9:20	3.4	9:40	3.1	3:20	0.0	3:56	0.2	6:52	4:31	
22	Tue	10:09	3.5	10:29	3.1	4:06	0.0	4:44	0.1	6:53	4:30	
23	Wed	10:52	3.6	11:13	3.1	4:50	0.0	5:30	0.0	6:54	4:29	
24	Thu	11:31	3.6	11:54	3.1	5:32	0.0	6:14	0.0	6:55	4:29	
25	Fri			12:08	3.6	6:13	0.1	6:56	0.0	6:56	4:28	
26	Sat	12:35	3.1	12:44	3.6	6:53	0.1	7:37	0.0	6:57	4:28	
27	Sun	1:15	3.0	1:19	3.5	7:32	0.2	8:16	0.0	6:59	4:27	
28	Mon	1:57	2.9	1:53	3.3	8:08	0.2	8:54	0.1	7:00	4:27	
29	Tue	2:40	2.8	2:27	3.2	8:43	0.4	9:30	0.2	7:01	4:26	
30	Wed	3:26	2.7	3:02	3.1	9:16	0.5	10:07	0.3	7:02	4:26	