

Poughkeepsie, NY - Dec 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:13	2.6	3:43	3.0	9:51	0.6	10:48	0.4	7:03	4:26	
2	Fri	4:58	2.6	4:31	2.9	10:35	0.7	11:38	0.4	7:04	4:26	
3	Sat	5:42	2.7	5:23	2.9	11:39	0.7			7:05	4:25	
4	Sun	6:26	2.8	6:17	2.9	12:37	0.4	12:58	0.7	7:06	4:25	
5	Mon	7:15	3.0	7:17	2.9	1:35	0.3	2:07	0.5	7:07	4:25	
6	Tue	8:12	3.2	8:24	2.9	2:29	0.2	3:07	0.3	7:08	4:25	
7	Wed	9:10	3.5	9:30	3.0	3:22	0.0	4:02	0.0	7:09	4:25	
8	Thu	10:05	3.7	10:28	3.2	4:13	-0.2	4:56	-0.3	7:10	4:25	
9	Fri	10:57	4.0	11:22	3.3	5:05	-0.4	5:50	-0.5	7:11	4:25	
10	Sat	11:47	4.1			5:58	-0.5	6:43	-0.7	7:11	4:25	
11	Sun	12:14	3.4	12:38	4.2	6:51	-0.6	7:35	-0.8	7:12	4:25	
12	Mon	1:08	3.4	1:31	4.1	7:44	-0.6	8:25	-0.8	7:13	4:25	
13	Tue	2:06	3.4	2:28	3.9	8:36	-0.5	9:15	-0.7	7:14	4:25	
14	Wed	3:07	3.3	3:28	3.7	9:29	-0.3	10:07	-0.5	7:15	4:25	
15	Thu	4:08	3.2	4:28	3.5	10:25	-0.1	11:02	-0.4	7:15	4:26	
16	Fri	5:08	3.2	5:25	3.3	11:28	0.1			7:16	4:26	
17	Sat	6:03	3.1	6:20	3.1	12:01	-0.2	12:34	0.3	7:17	4:26	
18	Sun	6:57	3.1	7:15	2.9	1:00	0.0	1:39	0.3	7:17	4:27	
19	Mon	7:52	3.1	8:12	2.8	1:56	0.0	2:38	0.3	7:18	4:27	
20	Tue	8:48	3.1	9:10	2.7	2:48	0.1	3:31	0.2	7:18	4:27	
21	Wed	9:40	3.2	10:03	2.7	3:36	0.1	4:20	0.1	7:19	4:28	
22	Thu	10:27	3.2	10:50	2.8	4:21	0.1	5:06	0.0	7:19	4:28	
23	Fri	11:08	3.3	11:33	2.8	5:04	0.0	5:50	-0.1	7:20	4:29	
24	Sat	11:47	3.4			5:46	0.0	6:33	-0.1	7:20	4:30	
25	Sun	12:13	2.8	12:23	3.4	6:28	0.0	7:14	-0.2	7:21	4:30	
26	Mon	12:53	2.8	12:57	3.3	7:08	0.0	7:53	-0.2	7:21	4:31	
27	Tue	1:33	2.8	1:30	3.2	7:47	0.0	8:29	-0.2	7:21	4:31	
28	Wed	2:12	2.7	2:00	3.1	8:22	0.1	9:04	-0.1	7:22	4:32	
29	Thu	2:52	2.7	2:32	3.1	8:57	0.2	9:37	0.0	7:22	4:33	
30	Fri	3:31	2.7	3:09	3.0	9:31	0.3	10:10	0.0	7:22	4:34	
31	Sat	4:12	2.7	3:54	2.9	10:10	0.3	10:48	0.1	7:22	4:35	