

Poughkeepsie, NY - Feb 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:06	3.0	6:23	2.7	12:08	0.1	1:09	0.2	7:07	5:10	
2	Thu	7:08	3.1	7:33	2.6	1:23	0.0	2:21	0.1	7:06	5:12	
3	Fri	8:18	3.2	8:50	2.7	2:33	-0.1	3:24	-0.1	7:05	5:13	
4	Sat	9:29	3.4	10:00	2.9	3:35	-0.3	4:21	-0.4	7:04	5:14	
5	Sun	10:30	3.6	10:58	3.1	4:33	-0.5	5:16	-0.6	7:03	5:15	
6	Mon	11:24	3.8	11:51	3.3	5:30	-0.6	6:09	-0.8	7:02	5:17	
7	Tue			12:15	3.9	6:24	-0.7	6:59	-0.9	7:01	5:18	
8	Wed	12:42	3.4	1:04	3.8	7:16	-0.8	7:47	-1.0	7:00	5:19	
9	Thu	1:33	3.5	1:54	3.7	8:06	-0.7	8:33	-0.9	6:58	5:21	
10	Fri	2:23	3.4	2:45	3.5	8:53	-0.6	9:17	-0.7	6:57	5:22	
11	Sat	3:15	3.3	3:36	3.3	9:40	-0.4	10:01	-0.5	6:56	5:23	
12	Sun	4:06	3.2	4:28	3.0	10:30	-0.1	10:47	-0.2	6:55	5:24	
13	Mon	4:56	3.0	5:19	2.8	11:25	0.1	11:38	0.1	6:53	5:26	
14	Tue	5:45	2.9	6:10	2.6			12:26	0.3	6:52	5:27	
15	Wed	6:34	2.8	7:02	2.5	12:34	0.3	1:29	0.4	6:51	5:28	
16	Thu	7:27	2.7	8:00	2.4	1:32	0.4	2:27	0.4	6:49	5:29	
17	Fri	8:26	2.7	9:00	2.4	2:28	0.4	3:20	0.3	6:48	5:31	
18	Sat	9:25	2.8	9:56	2.5	3:20	0.4	4:09	0.2	6:47	5:32	
19	Sun	10:16	2.9	10:44	2.7	4:09	0.2	4:53	0.1	6:45	5:33	
20	Mon	10:59	3.0	11:25	2.8	4:54	0.1	5:36	-0.1	6:44	5:34	
21	Tue	11:37	3.1			5:39	0.0	6:17	-0.2	6:42	5:36	
22	Wed	12:03	2.9	12:11	3.2	6:22	-0.1	6:57	-0.3	6:41	5:37	
23	Thu	12:38	3.0	12:44	3.3	7:03	-0.2	7:34	-0.3	6:39	5:38	
24	Fri	1:12	3.1	1:16	3.2	7:43	-0.3	8:10	-0.4	6:38	5:39	
25	Sat	1:44	3.1	1:50	3.2	8:22	-0.3	8:44	-0.3	6:36	5:40	
26	Sun	2:20	3.2	2:29	3.1	9:00	-0.3	9:18	-0.3	6:35	5:42	
27	Mon	3:01	3.2	3:16	3.0	9:42	-0.2	9:55	-0.2	6:33	5:43	
28	Tue	3:51	3.2	4:10	2.9	10:31	0.0	10:41	0.0	6:32	5:44	