

Poughkeepsie, NY - Nov 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:05	3.4	12:26	4.0	6:47	0.0	7:23	-0.2	6:27	4:51	●
2	Thu	12:45	3.4	1:06	4.0	7:30	-0.1	8:09	-0.2	6:28	4:49	●
3	Fri	1:30	3.4	1:51	4.0	8:13	0.0	8:55	-0.2	6:30	4:48	●
4	Sat	2:22	3.3	2:45	3.9	8:58	0.0	9:45	-0.1	6:31	4:47	◐
5	Sun	3:24	3.2	3:48	3.7	9:49	0.2	10:41	0.0	6:32	4:46	◐
6	Mon	4:31	3.1	4:53	3.6	10:50	0.3	11:45	0.1	6:33	4:44	◐
7	Tue	5:36	3.2	5:57	3.5			12:04	0.4	6:35	4:43	◐
8	Wed	6:37	3.2	6:58	3.5	12:51	0.1	1:17	0.4	6:36	4:42	◐
9	Thu	7:40	3.3	8:02	3.4	1:53	0.1	2:23	0.3	6:37	4:41	◐
10	Fri	8:42	3.5	9:05	3.4	2:50	-0.1	3:22	0.1	6:38	4:40	◐
11	Sat	9:40	3.6	10:02	3.5	3:42	-0.2	4:16	0.0	6:39	4:39	○
12	Sun	10:31	3.8	10:52	3.5	4:31	-0.2	5:07	-0.1	6:41	4:38	○
13	Mon	11:16	3.9	11:38	3.5	5:18	-0.2	5:56	-0.2	6:42	4:37	○
14	Tue	11:58	3.9			6:04	-0.2	6:44	-0.2	6:43	4:36	○
15	Wed	12:22	3.4	12:39	3.8	6:48	-0.1	7:29	-0.2	6:44	4:35	○
16	Thu	1:07	3.3	1:19	3.7	7:30	0.0	8:12	-0.1	6:45	4:35	○
17	Fri	1:52	3.2	2:00	3.6	8:10	0.1	8:53	0.0	6:47	4:34	○
18	Sat	2:40	3.0	2:44	3.4	8:49	0.3	9:34	0.2	6:48	4:33	○
19	Sun	3:30	2.9	3:31	3.2	9:26	0.5	10:17	0.4	6:49	4:32	○
20	Mon	4:22	2.8	4:20	3.0	10:06	0.7	11:05	0.5	6:50	4:31	○
21	Tue	5:13	2.7	5:08	2.9	10:54	0.8	11:58	0.6	6:51	4:31	○
22	Wed	6:01	2.7	5:55	2.8	11:58	0.9			6:53	4:30	○
23	Thu	6:48	2.7	6:42	2.8	12:54	0.6	1:07	0.9	6:54	4:30	◐
24	Fri	7:36	2.8	7:33	2.8	1:47	0.6	2:07	0.8	6:55	4:29	◐
25	Sat	8:26	2.9	8:30	2.8	2:36	0.4	3:01	0.6	6:56	4:28	◐
26	Sun	9:15	3.1	9:26	2.9	3:21	0.3	3:51	0.4	6:57	4:28	◐
27	Mon	10:00	3.4	10:15	3.0	4:05	0.1	4:39	0.1	6:58	4:27	◐
28	Tue	10:42	3.6	11:00	3.2	4:48	0.0	5:27	-0.1	6:59	4:27	◐
29	Wed	11:22	3.8	11:43	3.2	5:34	-0.1	6:16	-0.3	7:01	4:27	◐
30	Thu			12:04	4.0	6:21	-0.3	7:05	-0.4	7:02	4:26	●