

Poughkeepsie, NY - Feb 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:41	3.4	4:04	3.4	10:07	-0.5	10:32	-0.6	7:08	5:10	
2	Fri	4:38	3.3	5:00	3.2	11:05	-0.2	11:27	-0.4	7:07	5:11	
3	Sat	5:33	3.2	5:55	2.9			12:08	0.0	7:06	5:13	
4	Sun	6:27	3.0	6:50	2.7	12:26	-0.1	1:14	0.1	7:04	5:14	
5	Mon	7:22	2.9	7:49	2.6	1:26	0.0	2:16	0.2	7:03	5:15	
6	Tue	8:21	2.9	8:51	2.5	2:24	0.1	3:14	0.1	7:02	5:16	
7	Wed	9:21	2.9	9:49	2.6	3:17	0.1	4:05	0.1	7:01	5:18	
8	Thu	10:13	3.0	10:39	2.7	4:07	0.1	4:52	0.0	7:00	5:19	
9	Fri	10:59	3.1	11:23	2.8	4:53	0.0	5:37	-0.1	6:59	5:20	
10	Sat	11:39	3.2			5:37	0.0	6:19	-0.2	6:57	5:22	
11	Sun	12:04	2.9	12:16	3.2	6:20	-0.1	6:59	-0.3	6:56	5:23	
12	Mon	12:43	2.9	12:52	3.2	7:01	-0.1	7:36	-0.3	6:55	5:24	
13	Tue	1:20	2.9	1:25	3.1	7:40	-0.1	8:11	-0.3	6:54	5:25	
14	Wed	1:56	2.9	1:56	3.0	8:16	-0.1	8:44	-0.2	6:52	5:27	
15	Thu	2:30	2.9	2:25	2.9	8:50	0.0	9:14	-0.1	6:51	5:28	
16	Fri	3:02	2.9	2:57	2.8	9:23	0.1	9:41	0.0	6:50	5:29	
17	Sat	3:36	2.8	3:36	2.7	9:58	0.2	10:11	0.1	6:48	5:30	
18	Sun	4:16	2.9	4:24	2.7	10:42	0.3	10:50	0.2	6:47	5:32	
19	Mon	5:03	2.9	5:19	2.6	11:48	0.3	11:51	0.3	6:45	5:33	
20	Tue	5:58	3.0	6:20	2.5			1:10	0.3	6:44	5:34	
21	Wed	6:59	3.0	7:30	2.6	1:16	0.2	2:21	0.2	6:43	5:35	
22	Thu	8:12	3.2	8:49	2.7	2:30	0.1	3:24	0.0	6:41	5:36	
23	Fri	9:25	3.4	9:58	2.9	3:34	-0.1	4:20	-0.3	6:40	5:38	
24	Sat	10:26	3.6	10:55	3.2	4:33	-0.4	5:14	-0.6	6:38	5:39	
25	Sun	11:21	3.8	11:47	3.5	5:29	-0.6	6:06	-0.8	6:37	5:40	
26	Mon			12:12	3.9	6:24	-0.8	6:56	-0.9	6:35	5:41	
27	Tue	12:38	3.6	1:02	3.9	7:17	-0.9	7:44	-1.0	6:34	5:43	
28	Wed	1:29	3.7	1:53	3.8	8:07	-0.9	8:31	-0.9	6:32	5:44	