

Poughkeepsie, NY - May 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:53	3.3	5:40	2.9	11:36	0.2	11:35	0.6	5:52	7:53	
2	Wed	5:44	3.1	6:31	2.8			12:29	0.4	5:51	7:54	
3	Thu	6:35	3.0	7:21	2.8	12:30	0.8	1:26	0.5	5:49	7:55	
4	Fri	7:25	2.9	8:11	2.8	1:33	0.9	2:23	0.6	5:48	7:56	
5	Sat	8:16	2.8	9:04	2.9	2:36	0.9	3:15	0.6	5:47	7:57	
6	Sun	9:13	2.8	9:57	3.0	3:33	0.8	4:03	0.5	5:46	7:58	
7	Mon	10:09	2.8	10:46	3.1	4:24	0.6	4:47	0.4	5:44	7:59	
8	Tue	11:00	2.9	11:28	3.3	5:11	0.5	5:28	0.3	5:43	8:00	
9	Wed	11:43	3.0			5:56	0.3	6:09	0.2	5:42	8:01	
10	Thu	12:05	3.5	12:22	3.1	6:41	0.1	6:50	0.1	5:41	8:02	
11	Fri	12:39	3.7	12:59	3.2	7:25	0.0	7:32	0.1	5:40	8:03	
12	Sat	1:13	3.8	1:36	3.2	8:10	-0.2	8:13	0.0	5:39	8:04	
13	Sun	1:49	3.8	2:18	3.2	8:53	-0.2	8:55	0.0	5:38	8:05	
14	Mon	2:29	3.8	3:05	3.1	9:37	-0.3	9:38	0.1	5:37	8:06	
15	Tue	3:17	3.8	4:00	3.1	10:22	-0.2	10:23	0.2	5:36	8:07	
16	Wed	4:12	3.7	5:01	3.1	11:12	-0.1	11:17	0.3	5:35	8:08	
17	Thu	5:15	3.6	6:03	3.1			12:08	0.0	5:34	8:09	
18	Fri	6:17	3.5	7:03	3.2	12:23	0.4	1:12	0.0	5:33	8:10	
19	Sat	7:18	3.4	8:02	3.3	1:38	0.4	2:15	0.0	5:32	8:11	
20	Sun	8:21	3.4	9:03	3.4	2:47	0.3	3:15	0.0	5:31	8:12	
21	Mon	9:26	3.3	10:05	3.6	3:50	0.2	4:10	-0.1	5:30	8:13	
22	Tue	10:29	3.3	11:01	3.8	4:48	0.0	5:02	-0.2	5:29	8:14	
23	Wed	11:25	3.4	11:51	3.9	5:42	-0.1	5:52	-0.2	5:29	8:15	
24	Thu			12:16	3.4	6:34	-0.2	6:41	-0.2	5:28	8:16	
25	Fri	12:37	4.0	1:04	3.4	7:24	-0.3	7:28	-0.1	5:27	8:17	
26	Sat	1:20	3.9	1:51	3.4	8:12	-0.3	8:14	0.0	5:27	8:18	
27	Sun	2:03	3.9	2:39	3.3	8:57	-0.2	8:58	0.1	5:26	8:19	
28	Mon	2:47	3.7	3:29	3.1	9:41	-0.1	9:39	0.3	5:25	8:20	
29	Tue	3:32	3.5	4:20	3.0	10:23	0.0	10:20	0.5	5:25	8:20	
30	Wed	4:19	3.3	5:11	3.0	11:06	0.2	11:02	0.6	5:24	8:21	
31	Thu	5:09	3.2	6:01	2.9	11:51	0.4	11:49	0.8	5:24	8:22	