

Poughkeepsie, NY - Feb 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:37	2.9	12:49	3.3	6:57	-0.2	7:36	-0.4	7:08	5:10	
2	Sat	1:18	2.9	1:28	3.2	7:38	-0.2	8:14	-0.4	7:07	5:11	
3	Sun	2:00	2.9	2:06	3.1	8:17	-0.1	8:50	-0.3	7:06	5:12	
4	Mon	2:41	2.9	2:45	3.0	8:53	0.0	9:23	-0.1	7:05	5:14	
5	Tue	3:23	2.8	3:22	2.8	9:29	0.1	9:55	0.0	7:04	5:15	
6	Wed	4:04	2.7	4:01	2.7	10:04	0.3	10:26	0.2	7:03	5:16	
7	Thu	4:44	2.7	4:40	2.5	10:44	0.4	11:00	0.3	7:01	5:17	
8	Fri	5:23	2.7	5:22	2.4	11:40	0.5	11:48	0.4	7:00	5:19	
9	Sat	6:03	2.7	6:09	2.3			12:53	0.6	6:59	5:20	
10	Sun	6:49	2.7	7:07	2.3	12:57	0.4	2:02	0.5	6:58	5:21	
11	Mon	7:48	2.8	8:18	2.4	2:05	0.4	3:02	0.3	6:57	5:22	
12	Tue	8:55	3.0	9:28	2.5	3:06	0.2	3:57	0.1	6:55	5:24	
13	Wed	9:56	3.3	10:25	2.8	4:01	0.0	4:49	-0.2	6:54	5:25	
14	Thu	10:48	3.5	11:15	3.0	4:55	-0.2	5:39	-0.5	6:53	5:26	
15	Fri	11:37	3.7			5:48	-0.5	6:29	-0.7	6:51	5:28	
16	Sat	12:03	3.3	12:25	3.9	6:41	-0.7	7:17	-0.9	6:50	5:29	
17	Sun	12:52	3.4	1:15	3.9	7:32	-0.8	8:03	-0.9	6:49	5:30	
18	Mon	1:42	3.5	2:07	3.8	8:22	-0.8	8:49	-0.9	6:47	5:31	
19	Tue	2:36	3.5	3:02	3.6	9:12	-0.7	9:36	-0.8	6:46	5:33	
20	Wed	3:32	3.5	3:59	3.4	10:05	-0.5	10:26	-0.6	6:44	5:34	
21	Thu	4:30	3.4	4:57	3.2	11:04	-0.3	11:22	-0.3	6:43	5:35	
22	Fri	5:27	3.3	5:55	3.0			12:09	-0.1	6:41	5:36	
23	Sat	6:24	3.2	6:53	2.8	12:24	-0.1	1:17	0.1	6:40	5:37	
24	Sun	7:23	3.0	7:56	2.7	1:29	0.1	2:22	0.1	6:39	5:39	
25	Mon	8:27	3.0	9:01	2.6	2:30	0.1	3:20	0.1	6:37	5:40	
26	Tue	9:30	3.0	10:00	2.7	3:27	0.1	4:13	0.0	6:35	5:41	
27	Wed	10:24	3.1	10:50	2.8	4:18	0.1	5:01	-0.1	6:34	5:42	
28	Thu	11:09	3.2	11:33	3.0	5:06	0.0	5:46	-0.2	6:32	5:43	
29	Fri	11:50	3.2			5:51	-0.1	6:28	-0.2	6:31	5:45	