

Poughkeepsie, NY - May 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:55	3.6	2:17	3.0	8:45	0.0	8:47	0.2	5:51	7:53	
2	Fri	2:24	3.5	2:51	2.9	9:22	0.0	9:20	0.3	5:50	7:55	
3	Sat	2:55	3.5	3:28	2.9	10:00	0.0	9:53	0.4	5:48	7:56	
4	Sun	3:31	3.4	4:14	2.8	10:38	0.1	10:28	0.4	5:47	7:57	
5	Mon	4:17	3.4	5:08	2.8	11:22	0.2	11:12	0.5	5:46	7:58	
6	Tue	5:14	3.3	6:06	2.8			12:18	0.3	5:45	7:59	
7	Wed	6:16	3.3	7:04	2.9	12:16	0.6	1:25	0.3	5:44	8:00	
8	Thu	7:18	3.3	8:05	3.1	1:42	0.6	2:30	0.2	5:42	8:01	
9	Fri	8:24	3.3	9:09	3.3	2:57	0.5	3:30	0.1	5:41	8:02	
10	Sat	9:33	3.4	10:13	3.6	4:02	0.2	4:25	-0.1	5:40	8:03	
11	Sun	10:39	3.5	11:11	3.8	5:00	0.0	5:18	-0.3	5:39	8:04	
12	Mon	11:37	3.6			5:56	-0.3	6:09	-0.4	5:38	8:05	
13	Tue	12:02	4.1	12:30	3.7	6:50	-0.4	7:00	-0.5	5:37	8:06	
14	Wed	12:51	4.2	1:21	3.7	7:43	-0.5	7:50	-0.4	5:36	8:07	
15	Thu	1:39	4.2	2:13	3.6	8:34	-0.6	8:40	-0.3	5:35	8:08	
16	Fri	2:28	4.1	3:07	3.5	9:23	-0.5	9:27	-0.2	5:34	8:09	
17	Sat	3:19	3.9	4:03	3.3	10:11	-0.4	10:14	0.1	5:33	8:10	
18	Sun	4:13	3.7	5:00	3.2	11:00	-0.1	11:03	0.3	5:32	8:11	
19	Mon	5:09	3.5	5:56	3.1	11:52	0.1	11:57	0.6	5:31	8:12	
20	Tue	6:03	3.3	6:48	3.0			12:48	0.3	5:30	8:13	
21	Wed	6:55	3.1	7:38	3.0	12:57	0.8	1:45	0.4	5:30	8:14	
22	Thu	7:45	2.9	8:29	3.0	2:00	0.8	2:40	0.5	5:29	8:15	
23	Fri	8:38	2.8	9:21	3.0	3:00	0.8	3:29	0.5	5:28	8:16	
24	Sat	9:33	2.8	10:12	3.2	3:53	0.7	4:14	0.4	5:27	8:17	
25	Sun	10:28	2.8	10:59	3.3	4:42	0.6	4:57	0.4	5:27	8:18	
26	Mon	11:16	2.9	11:40	3.5	5:28	0.4	5:37	0.3	5:26	8:18	
27	Tue	11:59	2.9			6:12	0.3	6:18	0.3	5:25	8:19	
28	Wed	12:17	3.6	12:38	3.0	6:56	0.2	6:59	0.3	5:25	8:20	
29	Thu	12:51	3.7	1:15	3.0	7:39	0.1	7:39	0.3	5:24	8:21	
30	Fri	1:24	3.7	1:51	3.0	8:22	0.0	8:20	0.3	5:24	8:22	
31	Sat	1:56	3.7	2:30	3.0	9:03	-0.1	8:59	0.3	5:23	8:23	