

Poughkeepsie, NY - Oct 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:11	3.2	7:34	3.5	1:25	0.4	1:34	0.6	6:52	6:37	
2	Thu	8:11	3.1	8:33	3.4	2:31	0.4	2:40	0.6	6:54	6:35	
3	Fri	9:12	3.1	9:34	3.4	3:31	0.4	3:40	0.6	6:55	6:34	
4	Sat	10:11	3.2	10:32	3.4	4:24	0.4	4:33	0.6	6:56	6:32	
5	Sun	11:03	3.3	11:21	3.5	5:11	0.3	5:22	0.5	6:57	6:30	
6	Mon	11:48	3.5			5:54	0.2	6:07	0.4	6:58	6:29	
7	Tue	12:03	3.5	12:27	3.6	6:35	0.2	6:51	0.3	6:59	6:27	
8	Wed	12:41	3.5	1:05	3.6	7:14	0.2	7:33	0.3	7:00	6:25	
9	Thu	1:17	3.5	1:40	3.7	7:52	0.2	8:13	0.3	7:01	6:24	
10	Fri	1:52	3.4	2:14	3.6	8:28	0.2	8:52	0.3	7:02	6:22	
11	Sat	2:27	3.3	2:47	3.6	9:01	0.3	9:29	0.3	7:03	6:20	
12	Sun	3:00	3.1	3:18	3.5	9:32	0.4	10:04	0.4	7:04	6:19	
13	Mon	3:34	3.0	3:49	3.4	10:00	0.6	10:40	0.6	7:06	6:17	
14	Tue	4:13	2.9	4:27	3.3	10:28	0.7	11:21	0.7	7:07	6:16	
15	Wed	5:02	2.8	5:16	3.3	11:02	0.8			7:08	6:14	
16	Thu	5:59	2.7	6:13	3.3	12:16	0.7	11:53 AM	0.9	7:09	6:12	
17	Fri	6:57	2.8	7:12	3.3	1:27	0.7	1:19	0.9	7:10	6:11	
18	Sat	7:57	2.9	8:16	3.4	2:35	0.6	2:45	0.8	7:11	6:09	
19	Sun	9:02	3.1	9:25	3.5	3:33	0.4	3:50	0.6	7:12	6:08	
20	Mon	10:06	3.4	10:30	3.7	4:26	0.2	4:48	0.3	7:14	6:06	
21	Tue	11:03	3.7	11:26	3.9	5:17	-0.1	5:43	0.0	7:15	6:05	
22	Wed	11:53	4.0			6:06	-0.3	6:37	-0.3	7:16	6:03	
23	Thu	12:17	4.0	12:41	4.2	6:55	-0.5	7:30	-0.4	7:17	6:02	
24	Fri	1:07	4.0	1:30	4.3	7:45	-0.5	8:23	-0.5	7:18	6:01	
25	Sat	1:58	3.9	2:20	4.3	8:34	-0.5	9:14	-0.5	7:19	5:59	
26	Sun	1:52	3.8	2:13	4.2	8:22	-0.4	9:05	-0.3	6:21	4:58	
27	Mon	2:50	3.6	3:10	4.0	9:11	-0.2	9:58	-0.1	6:22	4:56	
28	Tue	3:52	3.4	4:11	3.7	10:03	0.1	10:55	0.1	6:23	4:55	
29	Wed	4:53	3.2	5:11	3.5	11:01	0.4	11:58	0.3	6:24	4:54	
30	Thu	5:52	3.1	6:08	3.4			12:07	0.6	6:25	4:52	
31	Fri	6:48	3.1	7:04	3.2	1:02	0.4	1:13	0.7	6:27	4:51	