

Poughkeepsie, NY - Jan 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:05	2.9	9:24	2.4	3:04	0.3	3:42	0.4	7:22	4:36	
2	Fri	9:54	3.0	10:14	2.5	3:48	0.2	4:28	0.2	7:22	4:36	
3	Sat	10:36	3.2	10:58	2.6	4:31	0.1	5:14	0.0	7:22	4:37	
4	Sun	11:15	3.3	11:38	2.7	5:14	0.1	5:58	-0.1	7:22	4:38	
5	Mon	11:51	3.4			5:57	0.0	6:42	-0.2	7:22	4:39	
6	Tue	12:15	2.7	12:26	3.5	6:40	-0.1	7:24	-0.4	7:22	4:40	
7	Wed	12:52	2.8	1:02	3.5	7:22	-0.2	8:05	-0.4	7:22	4:41	
8	Thu	1:32	2.8	1:42	3.5	8:04	-0.2	8:46	-0.4	7:22	4:42	
9	Fri	2:15	2.8	2:28	3.4	8:46	-0.2	9:26	-0.4	7:22	4:43	
10	Sat	3:05	2.9	3:20	3.3	9:31	-0.1	10:10	-0.4	7:22	4:44	
11	Sun	4:00	2.9	4:17	3.2	10:23	0.0	11:01	-0.3	7:21	4:45	
12	Mon	4:57	3.0	5:15	3.1	11:28	0.1			7:21	4:46	
13	Tue	5:53	3.1	6:14	2.9	12:00	-0.2	12:42	0.1	7:21	4:48	
14	Wed	6:52	3.1	7:16	2.8	1:03	-0.2	1:53	0.1	7:20	4:49	
15	Thu	7:55	3.2	8:25	2.8	2:06	-0.2	2:57	-0.1	7:20	4:50	
16	Fri	9:01	3.3	9:33	2.8	3:05	-0.3	3:56	-0.2	7:19	4:51	
17	Sat	10:03	3.5	10:33	2.9	4:01	-0.4	4:52	-0.4	7:19	4:52	
18	Sun	10:57	3.6	11:26	3.0	4:55	-0.4	5:45	-0.5	7:18	4:53	
19	Mon	11:46	3.6			5:48	-0.5	6:35	-0.6	7:18	4:54	
20	Tue	12:16	3.1	12:32	3.6	6:38	-0.5	7:23	-0.7	7:17	4:56	
21	Wed	1:04	3.1	1:18	3.5	7:26	-0.4	8:08	-0.6	7:16	4:57	
22	Thu	1:52	3.1	2:04	3.4	8:11	-0.3	8:50	-0.5	7:16	4:58	
23	Fri	2:40	3.0	2:50	3.2	8:54	-0.2	9:30	-0.3	7:15	4:59	
24	Sat	3:28	2.9	3:37	3.0	9:36	0.0	10:11	-0.1	7:14	5:01	
25	Sun	4:16	2.8	4:24	2.8	10:19	0.2	10:52	0.1	7:13	5:02	
26	Mon	5:03	2.7	5:10	2.6	11:08	0.4	11:38	0.2	7:13	5:03	
27	Tue	5:48	2.7	5:55	2.5			12:07	0.5	7:12	5:04	
28	Wed	6:32	2.7	6:42	2.3	12:30	0.4	1:10	0.6	7:11	5:06	
29	Thu	7:20	2.7	7:36	2.2	1:24	0.4	2:10	0.5	7:10	5:07	
30	Fri	8:14	2.7	8:38	2.2	2:18	0.4	3:05	0.4	7:09	5:08	
31	Sat	9:11	2.8	9:38	2.3	3:10	0.3	3:56	0.3	7:08	5:09	