

Poughkeepsie, NY - Mar 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:16	2.7	8:56	2.3	2:29	0.6	3:20	0.4	6:30	5:46	
2	Mon	9:19	2.9	9:54	2.5	3:25	0.4	4:10	0.1	6:28	5:47	
3	Tue	10:13	3.1	10:41	2.8	4:16	0.2	4:58	-0.1	6:26	5:48	
4	Wed	10:59	3.4	11:24	3.0	5:06	-0.1	5:44	-0.3	6:25	5:49	
5	Thu	11:43	3.6			5:56	-0.3	6:30	-0.5	6:23	5:50	
6	Fri	12:06	3.3	12:26	3.7	6:45	-0.5	7:15	-0.7	6:22	5:51	
7	Sat	12:48	3.5	1:12	3.7	7:33	-0.6	7:58	-0.7	6:20	5:53	
8	Sun	1:34	3.6	2:01	3.6	8:21	-0.7	8:42	-0.7	6:18	5:54	
9	Mon	2:24	3.6	2:54	3.5	9:09	-0.6	9:26	-0.6	6:17	5:55	
10	Tue	3:18	3.6	3:51	3.3	10:01	-0.4	10:15	-0.4	6:15	5:56	
11	Wed	4:16	3.5	4:51	3.1	11:00	-0.2	11:11	-0.2	6:13	5:57	
12	Thu	5:15	3.4	5:51	2.9			12:07	0.0	6:12	5:58	
13	Fri	6:15	3.3	6:53	2.8	12:18	0.0	1:17	0.1	6:10	5:59	
14	Sat	7:19	3.1	7:59	2.8	1:27	0.2	2:23	0.1	6:08	6:01	
15	Sun	8:27	3.1	9:06	2.8	2:33	0.2	3:22	0.0	6:07	6:02	
16	Mon	9:33	3.1	10:06	3.0	3:32	0.1	4:16	-0.1	6:05	6:03	
17	Tue	10:28	3.2	10:56	3.1	4:26	0.0	5:04	-0.2	6:03	6:04	
18	Wed	11:15	3.3	11:39	3.2	5:15	-0.1	5:50	-0.2	6:02	6:05	
19	Thu	11:57	3.3			6:02	-0.1	6:33	-0.3	6:00	6:06	
20	Fri	12:19	3.3	12:36	3.3	6:46	-0.2	7:12	-0.3	5:58	6:07	
21	Sat	12:58	3.4	1:14	3.3	7:27	-0.2	7:49	-0.2	5:56	6:08	
22	Sun	1:36	3.3	1:51	3.1	8:06	-0.2	8:24	-0.1	5:55	6:09	
23	Mon	2:13	3.3	2:30	3.0	8:43	-0.1	8:55	0.1	5:53	6:11	
24	Tue	2:50	3.2	3:09	2.8	9:19	0.1	9:24	0.2	5:51	6:12	
25	Wed	3:26	3.1	3:49	2.7	9:54	0.2	9:51	0.4	5:50	6:13	
26	Thu	4:04	2.9	4:33	2.5	10:32	0.4	10:20	0.6	5:48	6:14	
27	Fri	4:44	2.9	5:18	2.4	11:23	0.6	11:02	0.7	5:46	6:15	
28	Sat	5:28	2.8	6:07	2.4			12:33	0.6	5:44	6:16	
29	Sun	6:19	2.8	7:03	2.4	12:20	0.8	1:42	0.6	5:43	6:17	
30	Mon	7:20	2.9	8:09	2.5	1:47	0.7	2:42	0.4	5:41	6:18	
31	Tue	8:30	3.0	9:14	2.8	2:52	0.6	3:35	0.2	5:39	6:19	