

Poughkeepsie, NY - Jun 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:23	3.6	6:48	-0.4	6:52	-0.4	5:23	8:23	
2	Tue	12:43	4.3	1:17	3.6	7:42	-0.5	7:46	-0.4	5:22	8:24	
3	Wed	1:33	4.3	2:12	3.6	8:35	-0.6	8:38	-0.3	5:22	8:25	
4	Thu	2:26	4.2	3:09	3.5	9:26	-0.6	9:29	-0.2	5:22	8:25	
5	Fri	3:22	4.0	4:09	3.4	10:16	-0.4	10:20	0.0	5:21	8:26	
6	Sat	4:20	3.8	5:09	3.3	11:07	-0.3	11:13	0.3	5:21	8:27	
7	Sun	5:19	3.6	6:06	3.2			12:02	0.0	5:21	8:27	
8	Mon	6:15	3.4	6:59	3.2	12:12	0.5	12:59	0.1	5:21	8:28	
9	Tue	7:08	3.2	7:50	3.2	1:16	0.7	1:56	0.3	5:20	8:29	
10	Wed	7:59	3.0	8:41	3.2	2:19	0.7	2:50	0.3	5:20	8:29	
11	Thu	8:53	2.9	9:33	3.2	3:17	0.7	3:38	0.4	5:20	8:30	
12	Fri	9:48	2.8	10:23	3.3	4:09	0.6	4:23	0.4	5:20	8:30	
13	Sat	10:42	2.8	11:09	3.4	4:57	0.5	5:05	0.4	5:20	8:31	
14	Sun	11:29	2.9	11:50	3.5	5:43	0.4	5:47	0.4	5:20	8:31	
15	Mon			12:12	2.9	6:27	0.3	6:28	0.4	5:20	8:31	
16	Tue	12:28	3.6	12:53	2.9	7:11	0.2	7:09	0.4	5:20	8:32	
17	Wed	1:04	3.6	1:32	2.9	7:54	0.1	7:50	0.4	5:20	8:32	
18	Thu	1:37	3.6	2:10	2.9	8:35	0.1	8:30	0.4	5:20	8:32	
19	Fri	2:10	3.6	2:49	2.9	9:14	0.1	9:08	0.5	5:20	8:33	
20	Sat	2:44	3.5	3:30	2.9	9:52	0.1	9:45	0.5	5:20	8:33	
21	Sun	3:23	3.5	4:15	2.9	10:30	0.1	10:23	0.6	5:21	8:33	
22	Mon	4:08	3.4	5:04	2.9	11:10	0.1	11:08	0.6	5:21	8:33	
23	Tue	5:02	3.4	5:54	3.0	11:56	0.2			5:21	8:34	
24	Wed	5:58	3.3	6:45	3.2	12:07	0.7	12:51	0.2	5:22	8:34	
25	Thu	6:54	3.3	7:37	3.4	1:22	0.6	1:50	0.2	5:22	8:34	
26	Fri	7:53	3.2	8:34	3.5	2:35	0.5	2:50	0.1	5:22	8:34	
27	Sat	8:58	3.2	9:36	3.7	3:40	0.3	3:47	0.0	5:23	8:34	
28	Sun	10:07	3.2	10:38	3.9	4:39	0.1	4:43	-0.1	5:23	8:34	
29	Mon	11:10	3.3	11:35	4.1	5:36	-0.1	5:38	-0.2	5:23	8:34	
30	Tue			12:08	3.4	6:31	-0.3	6:33	-0.2	5:24	8:34	