

Poughkeepsie, NY - Jul 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:28	4.2	1:02	3.5	7:26	-0.4	7:27	-0.2	5:24	8:34	
2	Thu	1:19	4.2	1:56	3.5	8:18	-0.5	8:21	-0.2	5:25	8:34	
3	Fri	2:10	4.1	2:52	3.5	9:08	-0.5	9:11	-0.1	5:26	8:33	
4	Sat	3:03	4.0	3:48	3.4	9:56	-0.4	10:00	0.1	5:26	8:33	
5	Sun	3:58	3.8	4:44	3.3	10:43	-0.2	10:50	0.3	5:27	8:33	
6	Mon	4:52	3.5	5:38	3.3	11:31	0.0	11:42	0.5	5:27	8:33	
7	Tue	5:45	3.3	6:28	3.3			12:21	0.2	5:28	8:32	
8	Wed	6:35	3.2	7:15	3.2	12:40	0.7	1:13	0.4	5:29	8:32	
9	Thu	7:23	3.0	8:02	3.2	1:40	0.8	2:05	0.5	5:29	8:31	
10	Fri	8:11	2.8	8:50	3.2	2:39	0.8	2:55	0.6	5:30	8:31	
11	Sat	9:05	2.7	9:41	3.3	3:34	0.8	3:42	0.6	5:31	8:31	
12	Sun	10:02	2.7	10:32	3.4	4:25	0.7	4:27	0.6	5:32	8:30	
13	Mon	10:56	2.7	11:18	3.5	5:12	0.5	5:11	0.5	5:32	8:30	
14	Tue	11:43	2.8	11:59	3.6	5:57	0.4	5:55	0.5	5:33	8:29	
15	Wed			12:26	2.9	6:42	0.3	6:39	0.5	5:34	8:28	
16	Thu	12:37	3.7	1:06	3.0	7:26	0.2	7:23	0.4	5:35	8:28	
17	Fri	1:12	3.7	1:44	3.0	8:09	0.1	8:07	0.4	5:36	8:27	
18	Sat	1:48	3.7	2:23	3.0	8:50	0.0	8:49	0.3	5:36	8:26	
19	Sun	2:25	3.7	3:03	3.1	9:29	-0.1	9:30	0.3	5:37	8:26	
20	Mon	3:06	3.7	3:48	3.2	10:08	-0.1	10:12	0.4	5:38	8:25	
21	Tue	3:53	3.6	4:38	3.2	10:47	0.0	10:59	0.4	5:39	8:24	
22	Wed	4:46	3.5	5:30	3.3	11:31	0.0	11:56	0.5	5:40	8:23	
23	Thu	5:43	3.4	6:23	3.5			12:22	0.1	5:41	8:22	
24	Fri	6:40	3.3	7:17	3.6	1:06	0.5	1:22	0.2	5:42	8:22	
25	Sat	7:38	3.2	8:14	3.7	2:17	0.5	2:25	0.2	5:43	8:21	
26	Sun	8:42	3.1	9:18	3.8	3:23	0.4	3:27	0.1	5:44	8:20	
27	Mon	9:52	3.2	10:23	3.9	4:24	0.2	4:26	0.1	5:45	8:19	
28	Tue	10:58	3.2	11:22	4.0	5:21	0.0	5:22	0.0	5:46	8:18	
29	Wed	11:56	3.4			6:15	-0.1	6:17	0.0	5:47	8:17	
30	Thu	12:16	4.1	12:49	3.5	7:08	-0.2	7:11	-0.1	5:48	8:16	
31	Fri	1:05	4.1	1:40	3.5	7:59	-0.3	8:03	0.0	5:49	8:15	