

Poughkeepsie, NY - Nov 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:04	2.8	3:09	3.3	9:09	0.6	9:58	0.5	6:28	4:50	
2	Mon	3:53	2.7	3:52	3.2	9:39	0.8	10:42	0.7	6:29	4:49	
3	Tue	4:44	2.6	4:41	3.1	10:15	0.9	11:39	0.7	6:30	4:48	
4	Wed	5:34	2.6	5:33	3.1	11:14	1.0			6:31	4:46	
5	Thu	6:24	2.6	6:27	3.1	12:44	0.7	12:47	1.0	6:32	4:45	
6	Fri	7:17	2.8	7:26	3.1	1:44	0.6	2:00	0.8	6:34	4:44	
7	Sat	8:14	3.0	8:30	3.2	2:38	0.4	2:59	0.6	6:35	4:43	
8	Sun	9:11	3.3	9:31	3.4	3:26	0.2	3:54	0.3	6:36	4:42	
9	Mon	10:02	3.6	10:24	3.6	4:13	-0.1	4:46	0.0	6:37	4:41	
10	Tue	10:49	3.9	11:14	3.7	5:00	-0.3	5:38	-0.3	6:39	4:40	
11	Wed	11:35	4.2			5:49	-0.4	6:31	-0.4	6:40	4:39	
12	Thu	12:02	3.7	12:22	4.3	6:38	-0.5	7:23	-0.5	6:41	4:38	
13	Fri	12:53	3.7	1:12	4.3	7:28	-0.5	8:14	-0.5	6:42	4:37	
14	Sat	1:48	3.6	2:06	4.1	8:18	-0.4	9:05	-0.5	6:43	4:36	
15	Sun	2:48	3.4	3:06	3.9	9:08	-0.2	9:59	-0.3	6:45	4:35	
16	Mon	3:53	3.3	4:10	3.7	10:03	0.0	10:58	-0.1	6:46	4:34	
17	Tue	4:56	3.2	5:13	3.5	11:05	0.3			6:47	4:34	
18	Wed	5:57	3.1	6:12	3.3	12:02	0.1	12:14	0.4	6:48	4:33	
19	Thu	6:54	3.1	7:10	3.2	1:05	0.1	1:22	0.5	6:49	4:32	
20	Fri	7:52	3.1	8:09	3.1	2:04	0.1	2:24	0.5	6:51	4:31	
21	Sat	8:49	3.2	9:06	3.0	2:56	0.1	3:19	0.4	6:52	4:31	
22	Sun	9:41	3.3	9:58	3.0	3:43	0.1	4:08	0.3	6:53	4:30	
23	Mon	10:26	3.4	10:43	3.1	4:26	0.1	4:54	0.2	6:54	4:29	
24	Tue	11:06	3.5	11:24	3.1	5:07	0.1	5:38	0.1	6:55	4:29	
25	Wed	11:43	3.6			5:47	0.1	6:21	0.0	6:56	4:28	
26	Thu	12:02	3.0	12:19	3.6	6:26	0.1	7:02	0.0	6:58	4:28	
27	Fri	12:40	3.0	12:53	3.5	7:04	0.2	7:42	0.0	6:59	4:27	
28	Sat	1:18	2.9	1:27	3.4	7:41	0.2	8:20	0.1	7:00	4:27	
29	Sun	1:56	2.8	1:59	3.3	8:15	0.3	8:57	0.1	7:01	4:26	
30	Mon	2:36	2.7	2:33	3.2	8:47	0.4	9:34	0.2	7:02	4:26	