

Poughkeepsie, NY - Mar 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:53	3.6	2:12	3.6	8:22	-0.7	8:51	-0.7	6:30	5:45	
2	Wed	2:43	3.5	3:02	3.4	9:09	-0.5	9:34	-0.5	6:29	5:46	
3	Thu	3:34	3.4	3:55	3.1	9:57	-0.3	10:18	-0.2	6:27	5:47	
4	Fri	4:24	3.3	4:47	2.9	10:49	0.0	11:06	0.1	6:26	5:48	
5	Sat	5:14	3.1	5:39	2.6	11:47	0.2			6:24	5:50	
6	Sun	6:04	2.9	6:31	2.5	12:01	0.4	12:50	0.4	6:22	5:51	
7	Mon	6:56	2.8	7:28	2.3	1:02	0.5	1:53	0.5	6:21	5:52	
8	Tue	7:53	2.7	8:31	2.3	2:03	0.6	2:51	0.5	6:19	5:53	
9	Wed	8:56	2.8	9:32	2.4	2:59	0.6	3:42	0.4	6:17	5:54	
10	Thu	9:53	2.9	10:24	2.6	3:50	0.5	4:29	0.2	6:16	5:55	
11	Fri	10:41	3.0	11:07	2.7	4:37	0.3	5:12	0.1	6:14	5:57	
12	Sat	11:21	3.1	11:45	2.9	5:22	0.2	5:53	0.0	6:12	5:58	
13	Sun	11:58	3.2			6:05	0.1	6:32	-0.1	6:11	5:59	
14	Mon	12:19	3.0	12:32	3.3	6:47	0.0	7:09	-0.2	6:09	6:00	
15	Tue	12:51	3.1	1:05	3.2	7:26	-0.1	7:44	-0.2	6:07	6:01	
16	Wed	1:20	3.2	1:38	3.2	8:04	-0.1	8:17	-0.2	6:06	6:02	
17	Thu	1:49	3.2	2:13	3.1	8:41	-0.1	8:49	-0.2	6:04	6:03	
18	Fri	2:23	3.3	2:53	3.0	9:18	-0.1	9:21	-0.1	6:02	6:04	
19	Sat	3:04	3.3	3:42	2.8	10:00	0.1	9:58	0.1	6:01	6:06	
20	Sun	3:54	3.3	4:39	2.7	10:54	0.2	10:46	0.2	5:59	6:07	
21	Mon	4:52	3.2	5:41	2.7			12:08	0.3	5:57	6:08	
22	Tue	5:55	3.2	6:47	2.6			1:25	0.3	5:56	6:09	
23	Wed	7:05	3.2	8:00	2.7	1:24	0.3	2:33	0.2	5:54	6:10	
24	Thu	8:24	3.2	9:13	2.9	2:38	0.2	3:33	0.0	5:52	6:11	
25	Fri	9:37	3.4	10:15	3.2	3:42	0.0	4:28	-0.3	5:50	6:12	
26	Sat	10:36	3.5	11:08	3.5	4:40	-0.2	5:19	-0.5	5:49	6:13	
27	Sun	11:27	3.7	11:56	3.7	5:35	-0.4	6:08	-0.6	5:47	6:14	
28	Mon			12:15	3.7	6:27	-0.5	6:55	-0.6	5:45	6:16	
29	Tue	12:42	3.8	1:01	3.6	7:16	-0.6	7:40	-0.6	5:44	6:17	
30	Wed	1:27	3.8	1:48	3.5	8:03	-0.5	8:22	-0.5	5:42	6:18	
31	Thu	2:12	3.7	2:36	3.3	8:48	-0.4	9:03	-0.2	5:40	6:19	