

Poughkeepsie, NY - Jun 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:14	3.1	6:06	2.7	11:52	0.5	11:47	1.0	5:23	8:23	
2	Thu	6:02	3.0	6:52	2.7			12:42	0.6	5:23	8:24	
3	Fri	6:48	2.9	7:36	2.8	12:50	1.1	1:35	0.6	5:22	8:24	
4	Sat	7:33	2.8	8:20	2.8	1:59	1.1	2:27	0.6	5:22	8:25	
5	Sun	8:22	2.8	9:07	3.0	3:01	1.0	3:16	0.5	5:22	8:26	
6	Mon	9:17	2.8	9:55	3.2	3:55	0.8	4:02	0.4	5:21	8:26	
7	Tue	10:15	2.9	10:41	3.4	4:46	0.6	4:46	0.3	5:21	8:27	
8	Wed	11:08	3.0	11:25	3.7	5:35	0.3	5:30	0.2	5:21	8:28	
9	Thu	11:56	3.1			6:24	0.1	6:17	0.1	5:20	8:28	
10	Fri	12:07	3.9	12:43	3.2	7:14	-0.1	7:06	0.0	5:20	8:29	
11	Sat	12:51	4.1	1:31	3.2	8:04	-0.3	7:57	-0.1	5:20	8:29	
12	Sun	1:38	4.1	2:24	3.2	8:54	-0.3	8:48	-0.1	5:20	8:30	
13	Mon	2:30	4.1	3:22	3.2	9:43	-0.4	9:40	0.0	5:20	8:30	
14	Tue	3:28	4.0	4:24	3.3	10:33	-0.3	10:33	0.1	5:20	8:31	
15	Wed	4:31	3.8	5:27	3.3	11:27	-0.2	11:33	0.2	5:20	8:31	
16	Thu	5:35	3.7	6:26	3.4			12:24	-0.1	5:20	8:32	
17	Fri	6:35	3.5	7:22	3.4	12:40	0.4	1:25	0.0	5:20	8:32	
18	Sat	7:32	3.4	8:17	3.5	1:49	0.4	2:24	0.0	5:20	8:32	
19	Sun	8:29	3.2	9:13	3.6	2:54	0.4	3:19	0.0	5:20	8:33	
20	Mon	9:30	3.1	10:09	3.6	3:54	0.3	4:11	0.1	5:20	8:33	
21	Tue	10:30	3.0	11:01	3.7	4:49	0.2	4:59	0.1	5:21	8:33	
22	Wed	11:24	3.0	11:47	3.8	5:40	0.2	5:46	0.2	5:21	8:33	
23	Thu			12:12	3.0	6:29	0.1	6:31	0.2	5:21	8:34	
24	Fri	12:29	3.8	12:57	3.0	7:15	0.1	7:16	0.3	5:21	8:34	
25	Sat	1:10	3.8	1:40	3.0	8:00	0.0	7:59	0.4	5:22	8:34	
26	Sun	1:49	3.7	2:24	2.9	8:43	0.0	8:41	0.5	5:22	8:34	
27	Mon	2:30	3.6	3:10	2.9	9:23	0.1	9:20	0.5	5:22	8:34	
28	Tue	3:11	3.5	3:57	2.8	10:01	0.2	9:58	0.6	5:23	8:34	
29	Wed	3:54	3.3	4:45	2.8	10:38	0.3	10:35	0.8	5:23	8:34	
30	Thu	4:38	3.2	5:31	2.8	11:15	0.4	11:14	0.9	5:24	8:34	