

Poughkeepsie, NY - Aug 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:02	3.0	6:36	3.2	12:16	0.9	12:25	0.5	5:49	8:14	
2	Tue	6:50	2.9	7:20	3.3	1:28	0.9	1:20	0.6	5:50	8:13	
3	Wed	7:45	2.8	8:14	3.5	2:40	0.8	2:25	0.6	5:51	8:12	
4	Thu	8:51	2.8	9:17	3.6	3:44	0.6	3:30	0.5	5:52	8:11	
5	Fri	10:04	2.9	10:25	3.8	4:42	0.4	4:32	0.3	5:53	8:09	
6	Sat	11:09	3.1	11:26	4.0	5:38	0.2	5:30	0.1	5:54	8:08	
7	Sun			12:06	3.3	6:32	-0.1	6:28	0.0	5:55	8:07	
8	Mon	12:21	4.2	1:00	3.5	7:25	-0.3	7:26	-0.2	5:56	8:06	
9	Tue	1:14	4.3	1:53	3.7	8:16	-0.4	8:21	-0.2	5:57	8:04	
10	Wed	2:08	4.2	2:48	3.8	9:05	-0.5	9:14	-0.2	5:58	8:03	
11	Thu	3:02	4.1	3:44	3.8	9:52	-0.5	10:06	-0.1	5:59	8:02	
12	Fri	3:59	3.9	4:41	3.8	10:39	-0.4	10:59	0.0	6:00	8:00	
13	Sat	4:56	3.7	5:37	3.8	11:29	-0.2	11:57	0.3	6:01	7:59	
14	Sun	5:52	3.5	6:30	3.7			12:22	0.1	6:02	7:58	
15	Mon	6:47	3.2	7:22	3.6	1:00	0.5	1:19	0.3	6:03	7:56	
16	Tue	7:41	3.0	8:14	3.5	2:04	0.6	2:18	0.5	6:04	7:55	
17	Wed	8:38	2.9	9:09	3.4	3:06	0.6	3:14	0.6	6:05	7:53	
18	Thu	9:40	2.8	10:07	3.4	4:03	0.6	4:07	0.7	6:06	7:52	
19	Fri	10:39	2.8	11:00	3.5	4:54	0.5	4:57	0.7	6:07	7:50	
20	Sat	11:30	2.9	11:46	3.6	5:41	0.5	5:43	0.6	6:08	7:49	
21	Sun			12:15	3.0	6:25	0.4	6:28	0.6	6:09	7:47	
22	Mon	12:28	3.6	12:55	3.1	7:08	0.3	7:12	0.5	6:10	7:46	
23	Tue	1:06	3.6	1:34	3.2	7:48	0.2	7:54	0.5	6:12	7:44	
24	Wed	1:42	3.6	2:10	3.2	8:26	0.2	8:34	0.5	6:13	7:43	
25	Thu	2:17	3.6	2:45	3.2	9:01	0.2	9:12	0.5	6:14	7:41	
26	Fri	2:50	3.5	3:18	3.2	9:33	0.2	9:47	0.6	6:15	7:40	
27	Sat	3:22	3.3	3:49	3.3	10:03	0.3	10:21	0.6	6:16	7:38	
28	Sun	3:57	3.2	4:23	3.3	10:32	0.4	10:58	0.7	6:17	7:36	
29	Mon	4:39	3.1	5:03	3.3	11:02	0.5	11:45	0.8	6:18	7:35	
30	Tue	5:29	3.0	5:52	3.4	11:41	0.6			6:19	7:33	
31	Wed	6:24	2.9	6:45	3.5	12:54	0.9	12:36	0.6	6:20	7:31	