

Poughkeepsie, NY - Nov 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:25	3.5	9:43	3.6	3:35	0.0	3:55	0.1	6:27	4:51	
2	Wed	10:19	3.8	10:37	3.7	4:25	-0.2	4:49	-0.1	6:28	4:50	
3	Thu	11:07	4.0	11:25	3.7	5:13	-0.3	5:41	-0.2	6:29	4:48	
4	Fri	11:52	4.1			6:00	-0.4	6:32	-0.3	6:31	4:47	
5	Sat	12:12	3.6	12:36	4.1	6:46	-0.3	7:20	-0.3	6:32	4:46	
6	Sun	12:58	3.5	1:20	4.0	7:31	-0.2	8:06	-0.2	6:33	4:45	
7	Mon	1:45	3.3	2:05	3.8	8:13	0.0	8:51	-0.1	6:34	4:44	
8	Tue	2:36	3.1	2:52	3.6	8:55	0.3	9:36	0.1	6:35	4:43	
9	Wed	3:30	2.9	3:44	3.4	9:36	0.5	10:24	0.4	6:37	4:41	
10	Thu	4:27	2.8	4:38	3.2	10:21	0.8	11:17	0.5	6:38	4:40	
11	Fri	5:22	2.7	5:31	3.1	11:17	0.9			6:39	4:39	
12	Sat	6:14	2.6	6:22	3.0	12:17	0.7	12:25	1.0	6:40	4:38	
13	Sun	7:05	2.6	7:14	2.9	1:15	0.7	1:31	1.0	6:42	4:37	
14	Mon	7:58	2.7	8:08	2.9	2:07	0.6	2:28	0.9	6:43	4:37	
15	Tue	8:51	2.9	9:02	2.9	2:54	0.5	3:19	0.7	6:44	4:36	
16	Wed	9:38	3.1	9:51	3.0	3:36	0.4	4:05	0.6	6:45	4:35	
17	Thu	10:18	3.3	10:33	3.1	4:16	0.2	4:49	0.4	6:46	4:34	
18	Fri	10:53	3.5	11:12	3.1	4:55	0.1	5:33	0.2	6:48	4:33	
19	Sat	11:25	3.6	11:49	3.2	5:34	0.0	6:18	0.0	6:49	4:32	
20	Sun	11:58	3.8			6:14	0.0	7:02	-0.1	6:50	4:32	
21	Mon	12:27	3.1	12:33	3.8	6:56	0.0	7:47	-0.1	6:51	4:31	
22	Tue	1:08	3.1	1:13	3.8	7:38	0.0	8:32	-0.2	6:52	4:30	
23	Wed	1:56	3.0	2:00	3.8	8:22	0.0	9:18	-0.1	6:54	4:30	
24	Thu	2:52	2.9	2:56	3.7	9:08	0.1	10:10	0.0	6:55	4:29	
25	Fri	3:57	2.9	4:02	3.5	10:01	0.2	11:09	0.1	6:56	4:28	
26	Sat	5:02	2.9	5:10	3.4	11:08	0.4			6:57	4:28	
27	Sun	6:04	3.0	6:13	3.3	12:15	0.1	12:25	0.4	6:58	4:28	
28	Mon	7:04	3.1	7:16	3.2	1:19	0.1	1:38	0.3	6:59	4:27	
29	Tue	8:05	3.3	8:21	3.2	2:17	-0.1	2:42	0.2	7:00	4:27	
30	Wed	9:05	3.5	9:23	3.2	3:11	-0.2	3:40	0.0	7:01	4:26	