

Poughkeepsie, NY - Jan 1984

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:12	3.5	11:37	2.8	5:12	-0.1	5:55	-0.2	7:22	4:35	
2	Mon	11:55	3.5			5:58	-0.1	6:42	-0.3	7:22	4:36	
3	Tue	12:22	2.8	12:36	3.5	6:43	0.0	7:26	-0.3	7:22	4:37	
4	Wed	1:05	2.7	1:17	3.4	7:26	0.0	8:07	-0.2	7:22	4:38	
5	Thu	1:49	2.7	1:59	3.2	8:07	0.1	8:45	-0.2	7:22	4:38	
6	Fri	2:34	2.6	2:41	3.1	8:45	0.2	9:22	-0.1	7:22	4:39	
7	Sat	3:20	2.6	3:24	2.9	9:21	0.3	9:58	0.0	7:22	4:40	
8	Sun	4:06	2.5	4:08	2.8	9:58	0.5	10:35	0.2	7:22	4:41	
9	Mon	4:50	2.5	4:50	2.6	10:41	0.6	11:15	0.3	7:22	4:42	
10	Tue	5:31	2.5	5:32	2.5	11:38	0.7			7:22	4:43	
11	Wed	6:10	2.6	6:16	2.4	12:02	0.3	12:50	0.7	7:21	4:45	
12	Thu	6:50	2.6	7:07	2.4	12:56	0.4	1:56	0.6	7:21	4:46	
13	Fri	7:39	2.8	8:09	2.3	1:52	0.3	2:55	0.5	7:21	4:47	
14	Sat	8:36	2.9	9:16	2.4	2:46	0.2	3:49	0.2	7:21	4:48	
15	Sun	9:35	3.2	10:14	2.6	3:38	0.1	4:41	0.0	7:20	4:49	
16	Mon	10:28	3.4	11:05	2.7	4:30	-0.1	5:32	-0.3	7:20	4:50	
17	Tue	11:17	3.6	11:53	2.9	5:23	-0.3	6:23	-0.5	7:19	4:51	
18	Wed			12:05	3.8	6:16	-0.4	7:12	-0.7	7:19	4:52	
19	Thu	12:43	3.0	12:56	3.8	7:09	-0.6	8:00	-0.8	7:18	4:54	
20	Fri	1:34	3.1	1:48	3.8	8:01	-0.6	8:47	-0.8	7:18	4:55	
21	Sat	2:29	3.2	2:43	3.7	8:52	-0.6	9:34	-0.7	7:17	4:56	
22	Sun	3:27	3.2	3:41	3.5	9:44	-0.5	10:23	-0.6	7:16	4:57	
23	Mon	4:25	3.2	4:39	3.2	10:41	-0.3	11:17	-0.4	7:16	4:58	
24	Tue	5:21	3.2	5:35	3.0	11:45	-0.1			7:15	5:00	
25	Wed	6:15	3.2	6:31	2.8	12:16	-0.3	12:54	0.1	7:14	5:01	
26	Thu	7:11	3.1	7:31	2.6	1:16	-0.1	2:00	0.1	7:13	5:02	
27	Fri	8:10	3.1	8:37	2.5	2:15	0.0	3:01	0.1	7:12	5:03	
28	Sat	9:11	3.1	9:41	2.5	3:11	0.0	3:57	0.0	7:12	5:05	
29	Sun	10:07	3.1	10:36	2.5	4:03	0.1	4:48	-0.1	7:11	5:06	
30	Mon	10:56	3.2	11:23	2.6	4:52	0.0	5:36	-0.1	7:10	5:07	
31	Tue	11:39	3.3			5:39	0.0	6:21	-0.2	7:09	5:09	