

Poughkeepsie, NY - Mar 1984

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:59	3.2			6:03	0.1	6:34	-0.1	6:29	5:46	
2	Fri	12:22	2.9	12:36	3.2	6:45	0.0	7:12	-0.2	6:28	5:47	
3	Sat	12:58	3.0	1:11	3.2	7:25	0.0	7:46	-0.2	6:26	5:48	
4	Sun	1:32	3.0	1:45	3.1	8:01	0.0	8:18	-0.2	6:24	5:49	
5	Mon	2:03	3.0	2:18	3.0	8:36	0.0	8:47	-0.1	6:23	5:51	
6	Tue	2:31	3.0	2:49	2.8	9:08	0.1	9:14	0.0	6:21	5:52	
7	Wed	2:59	2.9	3:24	2.7	9:40	0.2	9:40	0.1	6:20	5:53	
8	Thu	3:31	2.9	4:05	2.6	10:16	0.3	10:11	0.3	6:18	5:54	
9	Fri	4:14	3.0	4:55	2.5	11:06	0.5	10:55	0.4	6:16	5:55	
10	Sat	5:05	3.0	5:53	2.4			12:27	0.5	6:15	5:56	
11	Sun	6:04	3.0	6:58	2.4	12:01	0.5	1:48	0.5	6:13	5:57	
12	Mon	7:13	3.0	8:14	2.5	1:33	0.5	2:54	0.3	6:11	5:59	
13	Tue	8:33	3.2	9:27	2.7	2:50	0.3	3:52	0.0	6:10	6:00	
14	Wed	9:47	3.4	10:27	3.1	3:53	0.0	4:45	-0.2	6:08	6:01	
15	Thu	10:46	3.6	11:19	3.4	4:51	-0.3	5:36	-0.5	6:06	6:02	
16	Fri	11:37	3.8			5:47	-0.5	6:25	-0.7	6:04	6:03	
17	Sat	12:07	3.7	12:27	3.8	6:41	-0.7	7:13	-0.8	6:03	6:04	
18	Sun	12:56	3.8	1:16	3.8	7:32	-0.8	7:58	-0.8	6:01	6:05	
19	Mon	1:45	3.9	2:07	3.6	8:22	-0.7	8:43	-0.7	5:59	6:06	
20	Tue	2:35	3.8	3:00	3.4	9:11	-0.6	9:28	-0.5	5:58	6:08	
21	Wed	3:28	3.7	3:56	3.1	10:01	-0.3	10:15	-0.1	5:56	6:09	
22	Thu	4:22	3.5	4:53	2.9	10:56	-0.1	11:09	0.2	5:54	6:10	
23	Fri	5:17	3.3	5:50	2.7	11:58	0.2			5:53	6:11	
24	Sat	6:11	3.1	6:47	2.6	12:11	0.5	1:05	0.4	5:51	6:12	
25	Sun	7:09	2.9	7:49	2.5	1:19	0.6	2:09	0.4	5:49	6:13	
26	Mon	8:11	2.8	8:53	2.5	2:22	0.7	3:06	0.4	5:47	6:14	
27	Tue	9:14	2.9	9:50	2.6	3:19	0.6	3:55	0.3	5:46	6:15	
28	Wed	10:08	3.0	10:36	2.8	4:09	0.5	4:39	0.2	5:44	6:16	
29	Thu	10:53	3.1	11:16	3.0	4:55	0.3	5:20	0.1	5:42	6:17	
30	Fri	11:32	3.2	11:53	3.2	5:38	0.2	5:59	0.0	5:41	6:19	
31	Sat			12:08	3.2	6:20	0.1	6:36	0.0	5:39	6:20	