

Poughkeepsie, NY - Jan 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:50	2.6	3:40	3.1	9:51	0.2	10:41	0.0	7:22	4:35	
2	Thu	4:40	2.7	4:36	3.0	10:45	0.3	11:31	0.0	7:22	4:36	
3	Fri	5:31	2.9	5:33	2.9	11:56	0.3			7:22	4:37	
4	Sat	6:24	3.0	6:32	2.8	12:30	0.0	1:14	0.3	7:22	4:38	
5	Sun	7:22	3.2	7:38	2.7	1:33	0.0	2:24	0.2	7:22	4:39	
6	Mon	8:26	3.3	8:51	2.7	2:34	-0.1	3:27	0.0	7:22	4:40	
7	Tue	9:31	3.5	10:00	2.7	3:33	-0.2	4:26	-0.2	7:22	4:41	
8	Wed	10:31	3.7	11:00	2.9	4:30	-0.3	5:22	-0.4	7:22	4:42	
9	Thu	11:25	3.8	11:54	3.0	5:26	-0.4	6:16	-0.6	7:22	4:43	
10	Fri			12:16	3.8	6:21	-0.4	7:08	-0.7	7:22	4:44	
11	Sat	12:47	3.0	1:07	3.7	7:14	-0.4	7:57	-0.7	7:21	4:45	
12	Sun	1:40	3.0	1:57	3.6	8:04	-0.4	8:43	-0.6	7:21	4:46	
13	Mon	2:33	3.0	2:48	3.4	8:51	-0.3	9:27	-0.5	7:21	4:47	
14	Tue	3:26	2.9	3:40	3.2	9:38	-0.1	10:11	-0.3	7:20	4:48	
15	Wed	4:17	2.9	4:30	3.0	10:27	0.2	10:56	-0.1	7:20	4:50	
16	Thu	5:06	2.8	5:19	2.8	11:22	0.4	11:44	0.1	7:19	4:51	
17	Fri	5:52	2.8	6:06	2.6			12:23	0.5	7:19	4:52	
18	Sat	6:37	2.7	6:55	2.4	12:34	0.3	1:25	0.5	7:18	4:53	
19	Sun	7:25	2.7	7:49	2.3	1:26	0.4	2:24	0.5	7:18	4:54	
20	Mon	8:18	2.7	8:50	2.2	2:17	0.4	3:18	0.4	7:17	4:55	
21	Tue	9:15	2.8	9:48	2.3	3:07	0.4	4:07	0.3	7:17	4:57	
22	Wed	10:06	2.9	10:38	2.4	3:55	0.3	4:54	0.2	7:16	4:58	
23	Thu	10:50	3.0	11:22	2.5	4:41	0.2	5:39	0.0	7:15	4:59	
24	Fri	11:29	3.2			5:26	0.1	6:22	-0.1	7:14	5:00	
25	Sat	12:02	2.6	12:05	3.3	6:11	0.0	7:04	-0.2	7:14	5:02	
26	Sun	12:40	2.7	12:40	3.3	6:54	-0.1	7:43	-0.3	7:13	5:03	
27	Mon	1:17	2.7	1:15	3.3	7:36	-0.2	8:20	-0.4	7:12	5:04	
28	Tue	1:55	2.8	1:53	3.3	8:17	-0.2	8:56	-0.4	7:11	5:05	
29	Wed	2:35	2.9	2:36	3.2	8:58	-0.2	9:32	-0.4	7:10	5:07	
30	Thu	3:20	3.0	3:24	3.1	9:42	-0.1	10:11	-0.3	7:09	5:08	
31	Fri	4:10	3.0	4:18	2.9	10:33	0.0	10:56	-0.2	7:08	5:09	