

Poughkeepsie, NY - Mar 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:44	3.4	4:05	2.9	10:22	-0.2	10:32	-0.1	6:30	5:45	
2	Sun	4:40	3.4	5:06	2.7	11:25	0.0	11:32	0.1	6:28	5:46	
3	Mon	5:40	3.3	6:09	2.6			12:39	0.2	6:27	5:48	
4	Tue	6:43	3.2	7:18	2.5	12:48	0.2	1:52	0.2	6:25	5:49	
5	Wed	7:54	3.1	8:35	2.5	2:03	0.2	2:59	0.1	6:24	5:50	
6	Thu	9:08	3.2	9:46	2.7	3:10	0.2	3:57	-0.1	6:22	5:51	
7	Fri	10:12	3.3	10:43	2.9	4:10	0.0	4:50	-0.2	6:20	5:52	
8	Sat	11:04	3.4	11:31	3.1	5:04	-0.1	5:40	-0.3	6:19	5:53	
9	Sun	11:50	3.5			5:55	-0.2	6:25	-0.4	6:17	5:55	
10	Mon	12:15	3.3	12:32	3.5	6:43	-0.3	7:08	-0.5	6:15	5:56	
11	Tue	12:55	3.3	1:13	3.4	7:27	-0.3	7:47	-0.4	6:14	5:57	
12	Wed	1:35	3.3	1:54	3.3	8:08	-0.3	8:22	-0.3	6:12	5:58	
13	Thu	2:13	3.3	2:35	3.1	8:48	-0.1	8:55	-0.1	6:10	5:59	
14	Fri	2:51	3.2	3:18	2.9	9:26	0.0	9:26	0.1	6:09	6:00	
15	Sat	3:29	3.1	4:03	2.6	10:04	0.2	9:55	0.3	6:07	6:01	
16	Sun	4:09	2.9	4:50	2.5	10:47	0.4	10:25	0.5	6:05	6:03	
17	Mon	4:50	2.8	5:39	2.3	11:43	0.6	11:06	0.7	6:04	6:04	
18	Tue	5:35	2.7	6:30	2.2			12:53	0.7	6:02	6:05	
19	Wed	6:26	2.6	7:29	2.2	12:19	0.8	1:59	0.7	6:00	6:06	
20	Thu	7:28	2.6	8:34	2.3	1:44	0.8	2:57	0.6	5:58	6:07	
21	Fri	8:40	2.7	9:34	2.5	2:49	0.7	3:47	0.4	5:57	6:08	
22	Sat	9:41	2.9	10:21	2.7	3:44	0.5	4:32	0.2	5:55	6:09	
23	Sun	10:30	3.2	11:02	3.0	4:34	0.2	5:15	0.0	5:53	6:10	
24	Mon	11:12	3.3	11:40	3.3	5:22	0.0	5:57	-0.2	5:52	6:11	
25	Tue	11:52	3.5			6:10	-0.2	6:39	-0.4	5:50	6:13	
26	Wed	12:18	3.6	12:33	3.5	6:58	-0.4	7:20	-0.5	5:48	6:14	
27	Thu	12:58	3.7	1:17	3.5	7:45	-0.5	8:01	-0.5	5:47	6:15	
28	Fri	1:41	3.8	2:04	3.3	8:32	-0.5	8:42	-0.4	5:45	6:16	
29	Sat	2:29	3.8	2:58	3.2	9:20	-0.4	9:26	-0.2	5:43	6:17	
30	Sun	3:24	3.7	3:59	3.0	10:12	-0.2	10:16	0.0	5:41	6:18	
31	Mon	4:25	3.5	5:03	2.8	11:14	0.0	11:20	0.2	5:40	6:19	