

Poughkeepsie, NY - Jun 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:51	3.0	9:31	3.3	3:16	0.6	3:33	0.2	5:23	8:23	
2	Mon	9:48	2.9	10:22	3.3	4:11	0.5	4:19	0.3	5:23	8:24	
3	Tue	10:42	2.9	11:08	3.5	5:01	0.4	5:02	0.3	5:22	8:25	
4	Wed	11:30	2.9	11:48	3.5	5:48	0.3	5:43	0.3	5:22	8:25	
5	Thu			12:13	2.9	6:32	0.3	6:23	0.4	5:21	8:26	
6	Fri	12:25	3.6	12:55	2.9	7:16	0.2	7:03	0.4	5:21	8:27	
7	Sat	1:00	3.6	1:35	2.9	7:58	0.2	7:44	0.5	5:21	8:27	
8	Sun	1:34	3.6	2:17	2.8	8:39	0.2	8:23	0.5	5:21	8:28	
9	Mon	2:07	3.5	3:00	2.8	9:18	0.2	9:01	0.6	5:20	8:28	
10	Tue	2:40	3.4	3:45	2.7	9:56	0.2	9:37	0.6	5:20	8:29	
11	Wed	3:14	3.3	4:32	2.7	10:33	0.3	10:12	0.7	5:20	8:29	
12	Thu	3:54	3.2	5:18	2.7	11:11	0.4	10:51	0.8	5:20	8:30	
13	Fri	4:41	3.2	6:02	2.8	11:52	0.4	11:40	0.8	5:20	8:30	
14	Sat	5:34	3.1	6:44	2.9			12:40	0.4	5:20	8:31	
15	Sun	6:27	3.1	7:28	3.1	12:47	0.8	1:34	0.4	5:20	8:31	
16	Mon	7:21	3.1	8:17	3.3	2:03	0.8	2:30	0.3	5:20	8:32	
17	Tue	8:21	3.0	9:13	3.6	3:11	0.6	3:24	0.2	5:20	8:32	
18	Wed	9:29	3.0	10:12	3.8	4:13	0.3	4:18	0.1	5:20	8:32	
19	Thu	10:37	3.1	11:10	4.0	5:11	0.1	5:11	0.0	5:20	8:33	
20	Fri	11:38	3.2			6:07	-0.1	6:06	-0.1	5:20	8:33	
21	Sat	12:03	4.2	12:34	3.2	7:03	-0.3	7:03	-0.1	5:21	8:33	
22	Sun	12:56	4.3	1:31	3.3	7:58	-0.4	8:00	-0.1	5:21	8:33	
23	Mon	1:50	4.2	2:29	3.3	8:50	-0.4	8:55	-0.1	5:21	8:34	
24	Tue	2:46	4.1	3:29	3.3	9:41	-0.4	9:48	0.0	5:21	8:34	
25	Wed	3:44	3.9	4:30	3.3	10:30	-0.3	10:41	0.2	5:22	8:34	
26	Thu	4:44	3.7	5:29	3.3	11:21	-0.2	11:38	0.4	5:22	8:34	
27	Fri	5:40	3.5	6:24	3.3			12:14	0.0	5:23	8:34	
28	Sat	6:33	3.3	7:14	3.3	12:39	0.6	1:08	0.2	5:23	8:34	
29	Sun	7:24	3.1	8:02	3.3	1:43	0.7	2:02	0.3	5:23	8:34	
30	Mon	8:14	2.9	8:51	3.3	2:45	0.7	2:52	0.4	5:24	8:34	