

Poughkeepsie, NY - Aug 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:28	2.6	10:46	3.3	4:51	0.7	4:35	0.8	5:49	8:14	
2	Sat	11:21	2.7	11:33	3.4	5:37	0.6	5:22	0.7	5:50	8:13	
3	Sun			12:07	2.8	6:22	0.5	6:08	0.6	5:51	8:11	
4	Mon	12:14	3.5	12:49	2.9	7:06	0.3	6:54	0.6	5:52	8:10	
5	Tue	12:51	3.6	1:28	3.0	7:48	0.2	7:38	0.5	5:53	8:09	
6	Wed	1:25	3.6	2:06	3.1	8:27	0.1	8:21	0.4	5:54	8:08	
7	Thu	1:59	3.6	2:43	3.2	9:04	0.1	9:01	0.4	5:55	8:07	
8	Fri	2:33	3.6	3:21	3.2	9:39	0.1	9:41	0.4	5:56	8:05	
9	Sat	3:12	3.5	4:01	3.3	10:12	0.1	10:22	0.4	5:57	8:04	
10	Sun	3:56	3.4	4:46	3.4	10:47	0.2	11:09	0.5	5:58	8:03	
11	Mon	4:46	3.3	5:35	3.5	11:25	0.2			5:59	8:01	
12	Tue	5:42	3.1	6:27	3.6	12:06	0.6	12:13	0.3	6:00	8:00	
13	Wed	6:41	3.0	7:23	3.7	1:18	0.6	1:17	0.4	6:02	7:59	
14	Thu	7:43	2.9	8:25	3.7	2:32	0.6	2:31	0.5	6:03	7:57	
15	Fri	8:55	2.9	9:35	3.7	3:39	0.5	3:40	0.4	6:04	7:56	
16	Sat	10:12	3.0	10:44	3.9	4:41	0.3	4:43	0.3	6:05	7:54	
17	Sun	11:19	3.1	11:43	4.0	5:37	0.1	5:42	0.2	6:06	7:53	
18	Mon			12:15	3.4	6:31	-0.1	6:39	0.1	6:07	7:51	
19	Tue	12:35	4.1	1:06	3.5	7:22	-0.2	7:33	0.0	6:08	7:50	
20	Wed	1:24	4.1	1:55	3.6	8:10	-0.3	8:24	0.0	6:09	7:48	
21	Thu	2:11	4.0	2:44	3.6	8:55	-0.3	9:12	0.1	6:10	7:47	
22	Fri	2:59	3.8	3:31	3.6	9:37	-0.2	9:57	0.2	6:11	7:45	
23	Sat	3:46	3.6	4:19	3.5	10:16	0.0	10:42	0.4	6:12	7:44	
24	Sun	4:36	3.4	5:06	3.5	10:55	0.2	11:30	0.6	6:13	7:42	
25	Mon	5:26	3.1	5:53	3.4	11:34	0.5			6:14	7:41	
26	Tue	6:15	2.9	6:38	3.3	12:24	0.8	12:17	0.7	6:15	7:39	
27	Wed	7:05	2.8	7:24	3.2	1:25	0.9	1:10	0.9	6:16	7:38	
28	Thu	7:57	2.6	8:14	3.1	2:29	1.0	2:11	1.0	6:17	7:36	
29	Fri	8:55	2.6	9:12	3.1	3:27	0.9	3:11	1.0	6:18	7:34	
30	Sat	9:57	2.6	10:12	3.2	4:20	0.8	4:06	1.0	6:19	7:33	
31	Sun	10:54	2.8	11:04	3.3	5:07	0.7	4:56	0.8	6:20	7:31	