

Poughkeepsie, NY - Nov 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:25	4.0	11:42	3.5	5:37	-0.1	6:12	-0.1	6:27	4:50	
2	Sun			12:05	4.1	6:21	-0.2	7:02	-0.3	6:28	4:49	
3	Mon	12:26	3.5	12:49	4.2	7:06	-0.2	7:51	-0.3	6:30	4:48	
4	Tue	1:15	3.4	1:38	4.2	7:53	-0.2	8:41	-0.2	6:31	4:47	
5	Wed	2:10	3.2	2:34	4.0	8:41	0.0	9:33	-0.1	6:32	4:46	
6	Thu	3:14	3.1	3:39	3.8	9:33	0.1	10:31	0.1	6:33	4:44	
7	Fri	4:24	3.0	4:47	3.6	10:35	0.4	11:36	0.2	6:35	4:43	
8	Sat	5:31	3.0	5:51	3.5	11:48	0.5			6:36	4:42	
9	Sun	6:34	3.0	6:53	3.4	12:44	0.2	1:03	0.6	6:37	4:41	
10	Mon	7:36	3.1	7:54	3.3	1:47	0.2	2:11	0.5	6:38	4:40	
11	Tue	8:37	3.2	8:55	3.2	2:43	0.1	3:10	0.4	6:39	4:39	
12	Wed	9:33	3.4	9:49	3.2	3:32	0.1	4:03	0.3	6:41	4:38	
13	Thu	10:20	3.5	10:37	3.2	4:17	0.0	4:51	0.2	6:42	4:37	
14	Fri	11:01	3.6	11:20	3.2	4:59	0.0	5:37	0.1	6:43	4:36	
15	Sat	11:38	3.7			5:40	0.1	6:22	0.1	6:44	4:35	
16	Sun	12:00	3.2	12:14	3.7	6:19	0.1	7:04	0.0	6:46	4:35	
17	Mon	12:39	3.1	12:48	3.6	6:58	0.2	7:45	0.1	6:47	4:34	
18	Tue	1:20	2.9	1:22	3.5	7:34	0.3	8:25	0.2	6:48	4:33	
19	Wed	2:02	2.8	1:57	3.4	8:10	0.4	9:03	0.3	6:49	4:32	
20	Thu	2:49	2.7	2:34	3.2	8:43	0.5	9:42	0.4	6:50	4:31	
21	Fri	3:40	2.5	3:15	3.1	9:16	0.7	10:24	0.5	6:52	4:31	
22	Sat	4:32	2.5	4:04	3.0	9:53	0.8	11:13	0.6	6:53	4:30	
23	Sun	5:22	2.5	4:56	2.9	10:40	0.9			6:54	4:29	
24	Mon	6:08	2.5	5:47	2.9	12:11	0.6	11:53 AM	1.0	6:55	4:29	
25	Tue	6:54	2.6	6:39	2.9	1:08	0.6	1:13	0.9	6:56	4:28	
26	Wed	7:42	2.8	7:37	2.9	1:59	0.5	2:18	0.7	6:57	4:28	
27	Thu	8:33	3.1	8:39	2.9	2:47	0.3	3:15	0.4	6:58	4:27	
28	Fri	9:24	3.4	9:39	3.0	3:32	0.1	4:08	0.1	6:59	4:27	
29	Sat	10:12	3.7	10:32	3.1	4:17	-0.1	5:00	-0.1	7:01	4:27	
30	Sun	10:58	4.0	11:21	3.2	5:04	-0.2	5:52	-0.3	7:02	4:26	