

Poughkeepsie, NY - May 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:16	3.4	4:05	2.8	10:14	0.1	10:01	0.5	5:52	7:53	
2	Sat	3:58	3.3	4:56	2.7	10:55	0.3	10:36	0.7	5:51	7:54	
3	Sun	4:45	3.1	5:49	2.6	11:40	0.5	11:15	0.9	5:49	7:55	
4	Mon	5:36	2.9	6:40	2.5			12:34	0.7	5:48	7:56	
5	Tue	6:27	2.8	7:29	2.6	12:09	1.0	1:34	0.7	5:47	7:57	
6	Wed	7:16	2.8	8:19	2.6	1:26	1.1	2:31	0.7	5:46	7:58	
7	Thu	8:08	2.7	9:10	2.8	2:37	1.0	3:22	0.6	5:44	7:59	
8	Fri	9:06	2.8	10:01	3.0	3:36	0.9	4:07	0.5	5:43	8:00	
9	Sat	10:04	2.8	10:46	3.2	4:28	0.6	4:49	0.3	5:42	8:01	
10	Sun	10:56	3.0	11:26	3.5	5:17	0.4	5:30	0.2	5:41	8:02	
11	Mon	11:41	3.1			6:05	0.2	6:11	0.1	5:40	8:03	
12	Tue	12:04	3.7	12:24	3.1	6:53	0.0	6:55	0.0	5:39	8:04	
13	Wed	12:42	3.9	1:08	3.2	7:42	-0.2	7:41	0.0	5:38	8:05	
14	Thu	1:24	4.1	1:55	3.2	8:31	-0.3	8:28	0.0	5:37	8:06	
15	Fri	2:10	4.1	2:48	3.1	9:20	-0.3	9:17	0.0	5:36	8:07	
16	Sat	3:03	4.0	3:48	3.0	10:09	-0.3	10:07	0.1	5:35	8:08	
17	Sun	4:04	3.8	4:54	3.0	11:01	-0.2	11:03	0.3	5:34	8:09	
18	Mon	5:10	3.7	5:59	3.0			12:00	0.0	5:33	8:10	
19	Tue	6:14	3.5	7:00	3.1	12:10	0.4	1:03	0.1	5:32	8:11	
20	Wed	7:15	3.4	7:58	3.2	1:24	0.5	2:06	0.1	5:31	8:12	
21	Thu	8:14	3.3	8:57	3.3	2:35	0.5	3:04	0.1	5:30	8:13	
22	Fri	9:14	3.2	9:55	3.4	3:38	0.4	3:57	0.0	5:29	8:14	
23	Sat	10:15	3.1	10:48	3.6	4:34	0.3	4:45	0.0	5:29	8:15	
24	Sun	11:09	3.1	11:35	3.7	5:26	0.2	5:31	0.0	5:28	8:16	
25	Mon	11:57	3.1			6:15	0.1	6:15	0.1	5:27	8:17	
26	Tue	12:16	3.7	12:42	3.1	7:03	0.0	6:58	0.2	5:26	8:18	
27	Wed	12:54	3.7	1:25	3.0	7:48	0.0	7:40	0.3	5:26	8:19	
28	Thu	1:32	3.7	2:08	3.0	8:31	0.0	8:21	0.4	5:25	8:20	
29	Fri	2:09	3.6	2:53	2.9	9:13	0.1	9:00	0.5	5:25	8:20	
30	Sat	2:48	3.5	3:41	2.8	9:52	0.2	9:37	0.6	5:24	8:21	
31	Sun	3:28	3.3	4:32	2.7	10:31	0.3	10:13	0.7	5:24	8:22	