

Poughkeepsie, NY - Jun 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:12	3.2	5:22	2.7	11:11	0.4	10:51	0.9	5:23	8:23	
2	Tue	4:58	3.0	6:10	2.7	11:54	0.5	11:36	1.0	5:23	8:24	
3	Wed	5:44	2.9	6:53	2.7			12:42	0.6	5:22	8:24	
4	Thu	6:29	2.9	7:34	2.8	12:37	1.0	1:34	0.6	5:22	8:25	
5	Fri	7:14	2.8	8:16	3.0	1:48	1.0	2:24	0.6	5:22	8:26	
6	Sat	8:04	2.8	9:02	3.1	2:53	0.9	3:12	0.5	5:21	8:26	
7	Sun	9:02	2.8	9:52	3.4	3:51	0.7	3:59	0.4	5:21	8:27	
8	Mon	10:06	2.8	10:42	3.6	4:45	0.5	4:45	0.3	5:21	8:28	
9	Tue	11:05	2.9	11:30	3.9	5:37	0.2	5:33	0.2	5:20	8:28	
10	Wed	11:58	3.0			6:29	0.0	6:24	0.1	5:20	8:29	
11	Thu	12:18	4.1	12:49	3.1	7:22	-0.2	7:17	0.0	5:20	8:29	
12	Fri	1:06	4.2	1:42	3.2	8:15	-0.3	8:12	0.0	5:20	8:30	
13	Sat	1:59	4.2	2:39	3.2	9:06	-0.4	9:06	0.0	5:20	8:30	
14	Sun	2:56	4.1	3:41	3.2	9:56	-0.4	10:00	0.0	5:20	8:31	
15	Mon	3:57	3.9	4:45	3.3	10:47	-0.3	10:56	0.2	5:20	8:31	
16	Tue	5:00	3.8	5:47	3.3	11:41	-0.2	11:58	0.3	5:20	8:32	
17	Wed	5:59	3.6	6:43	3.4			12:38	-0.1	5:20	8:32	
18	Thu	6:55	3.4	7:37	3.4	1:06	0.4	1:36	0.0	5:20	8:32	
19	Fri	7:50	3.2	8:30	3.5	2:13	0.5	2:32	0.1	5:20	8:33	
20	Sat	8:46	3.1	9:24	3.5	3:16	0.5	3:25	0.2	5:20	8:33	
21	Sun	9:45	2.9	10:18	3.5	4:13	0.4	4:14	0.2	5:21	8:33	
22	Mon	10:42	2.9	11:07	3.6	5:05	0.3	5:00	0.3	5:21	8:33	
23	Tue	11:34	2.9	11:51	3.6	5:54	0.3	5:45	0.4	5:21	8:34	
24	Wed			12:20	2.9	6:41	0.2	6:29	0.4	5:21	8:34	
25	Thu	12:31	3.6	1:04	2.9	7:26	0.2	7:13	0.5	5:22	8:34	
26	Fri	1:10	3.6	1:48	2.9	8:10	0.2	7:57	0.5	5:22	8:34	
27	Sat	1:48	3.5	2:31	2.9	8:51	0.2	8:38	0.5	5:22	8:34	
28	Sun	2:26	3.5	3:16	2.8	9:29	0.2	9:17	0.6	5:23	8:34	
29	Mon	3:04	3.4	4:03	2.8	10:06	0.2	9:54	0.7	5:23	8:34	
30	Tue	3:41	3.2	4:48	2.8	10:41	0.3	10:30	0.8	5:24	8:34	