

Poughkeepsie, NY - Jul 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:20	3.1	5:31	2.8	11:15	0.4	11:08	0.8	5:24	8:34	
2	Thu	5:00	3.0	6:10	2.9	11:51	0.5	11:56	0.9	5:25	8:34	
3	Fri	5:43	3.0	6:46	3.0			12:30	0.5	5:25	8:33	
4	Sat	6:29	2.9	7:25	3.2	12:59	0.9	1:18	0.5	5:26	8:33	
5	Sun	7:19	2.8	8:10	3.3	2:10	0.9	2:13	0.5	5:26	8:33	
6	Mon	8:16	2.8	9:04	3.5	3:16	0.7	3:10	0.5	5:27	8:33	
7	Tue	9:25	2.8	10:05	3.7	4:16	0.5	4:08	0.4	5:28	8:32	
8	Wed	10:36	2.8	11:05	3.9	5:13	0.3	5:05	0.3	5:28	8:32	
9	Thu	11:38	3.0			6:09	0.0	6:03	0.1	5:29	8:32	
10	Fri	12:01	4.1	12:35	3.2	7:04	-0.2	7:02	0.0	5:30	8:31	
11	Sat	12:55	4.2	1:30	3.3	7:58	-0.3	8:00	-0.1	5:30	8:31	
12	Sun	1:49	4.2	2:27	3.4	8:49	-0.4	8:55	-0.1	5:31	8:30	
13	Mon	2:45	4.2	3:26	3.5	9:38	-0.5	9:48	-0.1	5:32	8:30	
14	Tue	3:42	4.0	4:26	3.5	10:26	-0.4	10:42	0.1	5:33	8:29	
15	Wed	4:40	3.8	5:23	3.6	11:15	-0.3	11:39	0.2	5:34	8:29	
16	Thu	5:37	3.6	6:18	3.6			12:06	-0.1	5:34	8:28	
17	Fri	6:31	3.4	7:08	3.5	12:41	0.4	1:01	0.1	5:35	8:27	
18	Sat	7:23	3.1	7:58	3.5	1:46	0.5	1:56	0.3	5:36	8:27	
19	Sun	8:17	2.9	8:50	3.4	2:50	0.6	2:50	0.4	5:37	8:26	
20	Mon	9:15	2.8	9:45	3.4	3:48	0.6	3:42	0.5	5:38	8:25	
21	Tue	10:15	2.7	10:39	3.4	4:41	0.5	4:32	0.6	5:39	8:24	
22	Wed	11:11	2.7	11:28	3.5	5:31	0.5	5:19	0.6	5:40	8:24	
23	Thu			12:00	2.8	6:17	0.4	6:05	0.6	5:40	8:23	
24	Fri	12:12	3.5	12:44	2.9	7:02	0.3	6:50	0.6	5:41	8:22	
25	Sat	12:51	3.6	1:26	3.0	7:45	0.3	7:34	0.5	5:42	8:21	
26	Sun	1:29	3.5	2:07	3.0	8:25	0.2	8:16	0.5	5:43	8:20	
27	Mon	2:04	3.5	2:47	3.0	9:02	0.2	8:56	0.5	5:44	8:19	
28	Tue	2:38	3.4	3:27	3.0	9:36	0.2	9:32	0.6	5:45	8:18	
29	Wed	3:10	3.3	4:05	3.0	10:08	0.2	10:07	0.6	5:46	8:17	
30	Thu	3:42	3.2	4:41	3.1	10:37	0.3	10:43	0.7	5:47	8:16	
31	Fri	4:19	3.1	5:18	3.2	11:05	0.4	11:25	0.8	5:48	8:15	