

Poughkeepsie, NY - Nov 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:47	3.3	9:07	3.5	2:56	0.1	3:22	0.3	6:27	4:51	
2	Mon	9:44	3.6	10:03	3.5	3:47	-0.1	4:17	0.1	6:28	4:49	
3	Tue	10:34	3.8	10:53	3.5	4:34	-0.2	5:08	0.0	6:29	4:48	
4	Wed	11:18	3.9	11:39	3.5	5:20	-0.2	5:58	-0.1	6:31	4:47	
5	Thu	11:59	4.0			6:05	-0.2	6:46	-0.1	6:32	4:46	
6	Fri	12:23	3.4	12:39	3.9	6:48	-0.1	7:32	-0.1	6:33	4:45	
7	Sat	1:07	3.3	1:20	3.8	7:30	0.1	8:16	0.0	6:34	4:44	
8	Sun	1:54	3.1	2:01	3.6	8:10	0.2	8:59	0.1	6:36	4:42	
9	Mon	2:43	2.9	2:46	3.4	8:48	0.4	9:42	0.3	6:37	4:41	
10	Tue	3:37	2.8	3:37	3.2	9:26	0.7	10:29	0.5	6:38	4:40	
11	Wed	4:33	2.6	4:31	3.1	10:08	0.8	11:23	0.7	6:39	4:39	
12	Thu	5:27	2.6	5:24	2.9	11:01	1.0			6:40	4:38	
13	Fri	6:17	2.6	6:14	2.8	12:22	0.7	12:13	1.1	6:42	4:37	
14	Sat	7:07	2.6	7:04	2.8	1:19	0.7	1:23	1.0	6:43	4:36	
15	Sun	7:58	2.8	7:57	2.8	2:09	0.6	2:22	0.9	6:44	4:36	
16	Mon	8:48	2.9	8:51	2.8	2:53	0.5	3:13	0.7	6:45	4:35	
17	Tue	9:33	3.1	9:41	2.9	3:34	0.4	4:00	0.5	6:46	4:34	
18	Wed	10:13	3.4	10:25	3.0	4:13	0.3	4:46	0.3	6:48	4:33	
19	Thu	10:49	3.6	11:05	3.1	4:53	0.2	5:32	0.1	6:49	4:32	
20	Fri	11:25	3.8	11:45	3.1	5:33	0.1	6:19	-0.1	6:50	4:32	
21	Sat			12:02	3.9	6:17	0.0	7:07	-0.2	6:51	4:31	
22	Sun	12:27	3.1	12:44	4.0	7:02	0.0	7:55	-0.2	6:52	4:30	
23	Mon	1:14	3.0	1:32	3.9	7:49	0.0	8:42	-0.2	6:54	4:30	
24	Tue	2:08	2.9	2:28	3.8	8:37	0.0	9:32	-0.1	6:55	4:29	
25	Wed	3:11	2.9	3:32	3.6	9:29	0.1	10:27	0.0	6:56	4:28	
26	Thu	4:20	2.9	4:39	3.5	10:30	0.3	11:28	0.0	6:57	4:28	
27	Fri	5:25	3.0	5:42	3.4	11:43	0.4			6:58	4:27	
28	Sat	6:25	3.1	6:41	3.3	12:32	0.1	12:57	0.4	6:59	4:27	
29	Sun	7:24	3.2	7:41	3.1	1:33	0.0	2:05	0.3	7:00	4:27	
30	Mon	8:24	3.3	8:43	3.1	2:29	-0.1	3:06	0.2	7:01	4:26	