

Poughkeepsie, NY - Mar 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:23	3.0	11:47	2.9	5:19	0.2	5:59	0.0	6:29	5:46	
2	Wed			12:00	3.1	6:02	0.1	6:37	-0.1	6:28	5:47	
3	Thu	12:24	3.0	12:33	3.1	6:43	0.0	7:13	-0.2	6:26	5:48	
4	Fri	12:58	3.1	1:05	3.1	7:22	-0.1	7:46	-0.2	6:24	5:49	
5	Sat	1:30	3.1	1:34	3.0	7:58	-0.1	8:16	-0.1	6:23	5:51	
6	Sun	1:59	3.1	2:02	2.9	8:33	0.0	8:43	0.0	6:21	5:52	
7	Mon	2:26	3.1	2:33	2.8	9:06	0.0	9:08	0.1	6:19	5:53	
8	Tue	2:57	3.1	3:11	2.6	9:40	0.1	9:35	0.2	6:18	5:54	
9	Wed	3:36	3.1	3:58	2.5	10:21	0.3	10:10	0.3	6:16	5:55	
10	Thu	4:25	3.1	4:55	2.4	11:20	0.4	11:01	0.4	6:14	5:56	
11	Fri	5:24	3.0	6:00	2.4			12:44	0.5	6:13	5:57	
12	Sat	6:31	3.0	7:13	2.4	12:26	0.5	2:02	0.4	6:11	5:59	
13	Sun	7:47	3.1	8:33	2.6	2:02	0.4	3:06	0.2	6:09	6:00	
14	Mon	9:06	3.3	9:44	2.9	3:14	0.2	4:02	-0.1	6:08	6:01	
15	Tue	10:10	3.5	10:41	3.2	4:15	-0.1	4:54	-0.4	6:06	6:02	
16	Wed	11:05	3.7	11:31	3.5	5:12	-0.4	5:44	-0.6	6:04	6:03	
17	Thu	11:54	3.8			6:06	-0.6	6:32	-0.7	6:03	6:04	
18	Fri	12:19	3.8	12:42	3.8	6:58	-0.7	7:19	-0.8	6:01	6:05	
19	Sat	1:05	3.9	1:30	3.6	7:48	-0.7	8:03	-0.7	5:59	6:06	
20	Sun	1:52	3.8	2:20	3.4	8:36	-0.6	8:46	-0.5	5:58	6:08	
21	Mon	2:41	3.7	3:12	3.2	9:23	-0.4	9:29	-0.2	5:56	6:09	
22	Tue	3:31	3.5	4:08	3.0	10:13	-0.1	10:13	0.1	5:54	6:10	
23	Wed	4:24	3.3	5:04	2.7	11:08	0.2	11:05	0.4	5:52	6:11	
24	Thu	5:18	3.0	6:00	2.6			12:12	0.4	5:51	6:12	
25	Fri	6:13	2.9	6:56	2.5	12:09	0.7	1:19	0.5	5:49	6:13	
26	Sat	7:12	2.7	7:57	2.4	1:18	0.8	2:21	0.5	5:47	6:14	
27	Sun	8:16	2.7	8:58	2.5	2:22	0.8	3:14	0.5	5:46	6:15	
28	Mon	9:19	2.7	9:53	2.7	3:18	0.7	4:00	0.4	5:44	6:16	
29	Tue	10:10	2.9	10:37	2.9	4:07	0.5	4:42	0.3	5:42	6:18	
30	Wed	10:52	3.0	11:16	3.1	4:52	0.3	5:21	0.1	5:41	6:19	
31	Thu	11:29	3.1	11:51	3.2	5:35	0.2	5:58	0.1	5:39	6:20	