

Poughkeepsie, NY - Jun 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:25	3.9	2:01	2.9	8:38	-0.1	8:29	0.2	5:23	8:23	
2	Thu	2:09	3.9	2:51	2.9	9:23	-0.2	9:16	0.2	5:22	8:24	
3	Fri	3:00	3.8	3:49	3.0	10:10	-0.1	10:06	0.3	5:22	8:25	
4	Sat	3:59	3.7	4:51	3.0	10:58	-0.1	11:00	0.3	5:22	8:26	
5	Sun	5:01	3.6	5:52	3.1	11:51	0.0			5:21	8:26	
6	Mon	6:02	3.5	6:48	3.3	12:04	0.4	12:49	0.0	5:21	8:27	
7	Tue	7:00	3.4	7:43	3.4	1:16	0.5	1:48	0.0	5:21	8:28	
8	Wed	7:57	3.3	8:39	3.5	2:26	0.4	2:46	0.0	5:21	8:28	
9	Thu	8:58	3.1	9:38	3.6	3:30	0.4	3:40	0.0	5:20	8:29	
10	Fri	10:01	3.1	10:34	3.7	4:28	0.2	4:32	0.0	5:20	8:29	
11	Sat	11:00	3.1	11:26	3.8	5:23	0.1	5:22	0.0	5:20	8:30	
12	Sun	11:54	3.1			6:15	0.0	6:11	0.1	5:20	8:30	
13	Mon	12:12	3.9	12:43	3.1	7:05	0.0	6:59	0.2	5:20	8:31	
14	Tue	12:56	3.8	1:31	3.1	7:54	-0.1	7:47	0.3	5:20	8:31	
15	Wed	1:39	3.8	2:19	3.0	8:40	0.0	8:33	0.4	5:20	8:32	
16	Thu	2:23	3.6	3:08	3.0	9:23	0.0	9:15	0.5	5:20	8:32	
17	Fri	3:07	3.5	3:58	2.9	10:04	0.1	9:56	0.6	5:20	8:32	
18	Sat	3:54	3.3	4:49	2.9	10:45	0.2	10:37	0.7	5:20	8:33	
19	Sun	4:42	3.2	5:38	2.9	11:25	0.4	11:20	0.9	5:20	8:33	
20	Mon	5:28	3.0	6:23	2.9			12:07	0.5	5:21	8:33	
21	Tue	6:12	2.9	7:05	2.9	12:11	1.0	12:52	0.6	5:21	8:33	
22	Wed	6:53	2.8	7:45	3.0	1:13	1.0	1:39	0.6	5:21	8:34	
23	Thu	7:35	2.7	8:26	3.1	2:16	1.0	2:26	0.7	5:21	8:34	
24	Fri	8:23	2.6	9:12	3.2	3:14	0.9	3:14	0.6	5:22	8:34	
25	Sat	9:22	2.6	10:02	3.4	4:08	0.7	4:01	0.6	5:22	8:34	
26	Sun	10:25	2.6	10:51	3.5	4:59	0.5	4:48	0.5	5:22	8:34	
27	Mon	11:20	2.7	11:37	3.7	5:49	0.3	5:37	0.4	5:23	8:34	
28	Tue			12:09	2.8	6:39	0.1	6:28	0.3	5:23	8:34	
29	Wed	12:23	3.9	12:57	3.0	7:30	0.0	7:21	0.2	5:24	8:34	
30	Thu	1:10	4.0	1:46	3.1	8:19	-0.2	8:15	0.1	5:24	8:34	