

Poughkeepsie, NY - Jul 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:00	4.1	2:40	3.2	9:06	-0.3	9:07	0.0	5:25	8:34	
2	Sat	2:53	4.0	3:37	3.3	9:53	-0.3	9:58	0.1	5:25	8:33	
3	Sun	3:50	3.9	4:36	3.4	10:39	-0.3	10:52	0.1	5:26	8:33	
4	Mon	4:49	3.7	5:34	3.5	11:29	-0.2	11:52	0.3	5:26	8:33	
5	Tue	5:47	3.6	6:29	3.6			12:22	-0.1	5:27	8:33	
6	Wed	6:42	3.4	7:22	3.6	12:59	0.4	1:19	0.0	5:28	8:32	
7	Thu	7:37	3.2	8:16	3.6	2:06	0.4	2:16	0.1	5:28	8:32	
8	Fri	8:36	3.0	9:13	3.6	3:11	0.4	3:13	0.2	5:29	8:32	
9	Sat	9:39	2.9	10:12	3.6	4:10	0.4	4:08	0.3	5:30	8:31	
10	Sun	10:42	2.9	11:07	3.6	5:06	0.3	5:00	0.3	5:30	8:31	
11	Mon	11:38	2.9	11:56	3.7	5:57	0.2	5:50	0.4	5:31	8:30	
12	Tue			12:28	3.0	6:47	0.2	6:39	0.4	5:32	8:30	
13	Wed	12:40	3.7	1:14	3.0	7:34	0.1	7:26	0.4	5:33	8:29	
14	Thu	1:22	3.7	1:58	3.0	8:19	0.1	8:11	0.4	5:33	8:29	
15	Fri	2:03	3.6	2:43	3.0	8:59	0.1	8:54	0.5	5:34	8:28	
16	Sat	2:43	3.5	3:28	3.0	9:37	0.1	9:33	0.5	5:35	8:28	
17	Sun	3:23	3.4	4:13	3.0	10:12	0.2	10:11	0.6	5:36	8:27	
18	Mon	4:03	3.2	4:56	3.0	10:45	0.3	10:48	0.8	5:37	8:26	
19	Tue	4:43	3.1	5:38	3.0	11:17	0.4	11:29	0.9	5:38	8:25	
20	Wed	5:22	2.9	6:16	3.1	11:49	0.6			5:38	8:25	
21	Thu	6:01	2.8	6:52	3.1	12:19	1.0	12:24	0.7	5:39	8:24	
22	Fri	6:43	2.7	7:30	3.2	1:22	1.0	1:11	0.7	5:40	8:23	
23	Sat	7:31	2.6	8:15	3.3	2:30	1.0	2:11	0.8	5:41	8:22	
24	Sun	8:31	2.6	9:11	3.4	3:32	0.8	3:14	0.7	5:42	8:21	
25	Mon	9:43	2.6	10:15	3.6	4:29	0.6	4:15	0.6	5:43	8:20	
26	Tue	10:52	2.7	11:13	3.8	5:23	0.4	5:12	0.5	5:44	8:19	
27	Wed	11:48	2.9			6:15	0.2	6:09	0.3	5:45	8:18	
28	Thu	12:06	4.0	12:39	3.2	7:07	-0.1	7:05	0.1	5:46	8:17	
29	Fri	12:56	4.1	1:30	3.4	7:56	-0.3	8:00	-0.1	5:47	8:16	
30	Sat	1:47	4.2	2:22	3.5	8:44	-0.4	8:54	-0.1	5:48	8:15	
31	Sun	2:39	4.1	3:16	3.7	9:30	-0.5	9:45	-0.1	5:49	8:14	